S Healthy Mothers, 362.19 Healthy Babies. 892 Montana Coalition 826byb Baby your baby

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# Second Report

Montana

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BABY YOUR BABY

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## BABY YOUR BABY .... AT A GLANCE

## BABY YOUR BABY .... Much More Than A Multimedia Campaign!

On behalf of Healthy Mothers, Healthy Babies, the Montana Coalition, the Department of Health and Environmental Sciences, the Department of Social and Rehabilitative Services, and Blue Cross, Blue Shield Of Montana, here is BABY YOUR BABY .....AT A GLANCE.

BABY YOUR BABY is one "leg" of the MIAMI Project designed to reduce the incidence of low birth weight and infant death and sickness in Montana.

BABY YOUR BABY is multidimensional and works on multiple levels, and has truly been a public/private partnership.

## IMPACT

Pregnant Women...as of November 6, 1992, 1,230 pregnant women have called 1-800-421-MOMS and registered for the BABY YOUR BABY Program. Calls have increased to approximately 125 month. Each woman receives a packet containing information vital to her pregnancy and a 15 month calendar for use during her pregnancy and the first 6 months of her baby's life.

Based on information provided by the 825 pregnant women who have registered with BABY YOUR BABY through June 30, 1992 the following statistics have been compiled:

- 2 16% are less than 19 years of age
- 8% are more than 33 years of age
- 25% had not had a pregnancy checkup
- 2 13% made the first pregnancy checkup after the first trimester
- \$\frac{1}{2}\$ 52% (433) needed assistance

  - ☑ 44% needed help selecting healthy foods

  - ☑ 30% needed help finding a physician or care provider
  - ☑ 26% needed help with smoking cessation

A follow up survey, along with an opportunity to receive a free Healthy Mothers Healthy Babies Commemorative Birth Certificate, is sent to each woman who registered when she has delivered. Sixty two percent (323) have returned the survey with the following results:

- 100% had received some prenatal care
  - ≅ 87% had received prenatal care within the first trimester

  - ☑ 26% had 9 to 11 prenatal visits
  - ☑ 14% had less than 9 prenatal visits

  - 25% delivered by private physician
  - □ 15% delivered by other
- In the follow-up survey women were asked if they had comments-here is what they are saying:
  - ☑ I was at risk and didn't know it
  - ☑ I needed help paying bills and getting food for the baby
  - ☑ Program was very educational
  - ☑ WIC office was very helpful during my pregnancy
  - ☑ I was denied coverage by two counties☑ My Mother kicked me in the stomach
  - Really appreciate the help and support of two workers who came

- ☑ I had problems with transportation
- ☑ I was treated with utmost respect when using medicaid
- Applying for medicaid was a most upsetting experience
- ☑ The calendar was wonderful
- ☑ I know now I should have waited longer after my first child
- ☑ I want people to start getting care right away
- ☑ Stress reduction helped
- ☑ Breast feeding information helpful
- Helpful to have someone to go with me to my medical and WIC appointments
- ☑ You know I learnt from you even if I thought I knew
- Knowing someone cared and could contact if needed
- I was going to have my baby at home, I'm glad my husband objected
- The women also indicated some of their needs:
  - ☑ Could use more information to stop smoking.
    - ☑ Add information on LeLeche League
    - ☑ More information on late teen pregnancy 18-19
    - ☑ Need help line for pregnant women
    - ☑ Need emotional help for Hi-Risk pregnancy
    - More information on C-Section and
    - postpartum
  - Has to be something that helps nausea
  - ☑ Importance of leaking water

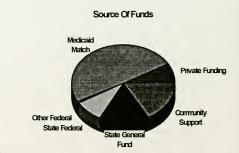
- Counseling for single moms
- ☑ Information on bonding
- ☑ Information on toxemia
- ☑ Classes on preterm labor
- ☑ More information on complications
- ☑ Support group to not drink or smoke
- ☑ Let people know poverty level

### SYSTEMS CHANGE

## Multiple Level-Multiple Dimensional Focus On A Healthy Pregnancy

The BABY YOUR BABY campaign has forged and strengthened some unique partnerships and has focused tremendous creativity, energy and attention on the importance of a healthy pregnancy. The Program has:

- established a person in each community for pregnant women to contact for assistance
- assisted public health nurses, Miami Projects and others by referring identified high-risk pregnant women
- established a back-up referral system with the Montana Perinatal Program for identified highrisk pregnant women.
- Deprovided a direct mail campaign of critical pregnancy information to target group
- Pregnant women and a healthy pregnancy are recognized as important focus of state government including the Governor, Legislature, and state agencies including DHES, SRS, DFS. Office On Aging
- expedited access to Medicaid
- increased provider awareness and support.
- ☑ community efforts on behalf of pregnant women have increased
- ☑ established collaborative funding
- ☑ brought to Montana \$236,000 in new federal medicaid dollars
- □ received contributions from Community Hospitals of more than \$83,000 to help promote early and continuous prenatal care
- ☑ received more than \$39,000 in private funding



Most importantly, over 50% of women registering for the BABY YOUR BABY Program have needed assistance and have been referred to a local person for help in having a healthy pregnancy. The program has identified and featured in the media campaign women who most likely would have had a poor pregnancy outcome and the resultant high cost but through their involvement with the BABY YOUR BABY Program had a healthy outcome.

Due to lack of adequate resources, shortage of public health nurses, continued difficulty accessing physicians, and women who lack knowledge of the importance of prenatal care, pregnant women still are at risk of having a poor pregnancy outcome.

As the legislature and community has recognized and supported this by expanding Miami Projects and increasing medicaid reimbursement to providers, it is more important than ever to increase the awareness of the importance of early and continuos prenatal care.

There is unanimous support for BABY YOUR BABY Phase II - Pregnancy To Age Two.

## BABY YOUR BABY PHASE II

BABY YOUR BABY has been a two-year, multi-media campaign designed to communicate with expectant mothers and motivate them to seek early prenatal care. Phase II of BABY YOUR BABY is designed to expand that education to include children under the age of two.

The priority objectives of this statewide outreach campaign are to:

- 1. Reduce the number of low birth weight babies
- 2. Reduce infant mortality and morbidity
- 3. Increase the number of women seeking prenatal care during their first trimester
- 4. Increase the number of women receiving continuos prenatal care
- 5. Increase the number of women breast feeding
- Ensure that children, especially those who are disabled or at risk receive early and regular preventive health care
- Inform Medicaid eligible parents about Kids Count Well-child screening examinations, followup, and treatment
- 8. Inform Medicaid providers and recipients about the Passport To Health Program
- Inform all Montana parents about the need for early medical check-ups for their children including eye, hearing, dental and immunizations
- 10. Inform the public about emergency medical services and injury prevention for children
- 11. Encourage participation in early reading programs

## Media Public Education Campaign Summary

The primary objective of BABY YOUR BABY PHASE II is to communicate with pregnant women in Montana in order to motivate them to seek early and repeated prenatal medical care and, with parents of children under the age of two, to motivate them to make sure their child receives early and regular preventive health care. Phase II is designed to reduce maternal and infant deaths and sickness and ensure that children who are disabled or at risk are identified and receive care, particularly in those target audiences that do not seek traditional avenues to medical care.

The campaign is a two-year continuation of the BABY YOUR BABY community outreach and public awareness effort that started in 1991. It involves a multi-media approach to selected target audiences in both urban and rural venues. This multi-faceted media campaign is directed primarily to high-risk women and, secondarily, to all women of child-bearing age. The new component will additionally target parents of children under two years of age.

The campaign is designed to educate and motivate expectant mothers (and those who influence them, i.e. spouse/partners, parents, relatives, friends) to become involved in a medical support program at the onset of pregnancy, not later than the first trimester. Parents of children under two

years of age, and those who influence them, will be encouraged to get their children into a well-child health program and to enhance their parenting skills.

## The Campaign

BABY YOUR BABY PHASE II is a two-year multi-media campaign comprised of four six-month "waves." Each wave will carry forward the main theme of the campaign yet focus on specific subthemes. These themes will include:

- prenatal care
- neo-natal care
- well-child care
- breast feeding
- immunizations
- · Family Teaching Centers
- · child safety and accident prevention
- parenting
- home visits
- support for parents, siblings, grandparents
- working parents
- dental care for mothers and children
- school readiness and early reading
- day care
- foster care
- extended family
- adoption
- fathers' role
- child support
- developmental stages
- · exercise for pregnant women and new mothers
- infant and child exercise

The campaign will be carried out through various media including broadcast television and radio, print advertising, outdoor posters, print support materials, exhibits and special events.

Most importantly, the tone of the campaign will be positive, offering support and encouragement to expectant mothers and families of children newborn to two. It will emphasize the need for the mother's extended family and the community to nurture and assist her in having the best pregnancy possible and develop the necessary parenting skills to enhance the health and well being of Montana's children.

#### UNDERWRITING PROGRAM

The BABY YOUR BABY campaign has been and will continue to be a true public/private partnership. The cost of the campaign will be underwritten by sponsors from both the public and private sector.

Each major sponsor will receive credit on all media components. This will include, but will not be limited to television, radio, newspaper ads, bus boards, seminars, information cards, campaign banners, posters, pamphlets, viewer guides and TV program ads.

The campaign will provide underwriting partners with two years of high visibility in the community. In addition, they will be able to reach mothers-to-be and families of children newborn to two with their own materials through a direct mail packet which will be part of the campaign.

A major advantage to a corporation of joining in this campaign is their ability to reach its target publics at a very low cost.

## Introduction

#### INTRODUCTION

"No nation can call itself great that does not put its children first. We want the dying to end, and we are convinced it can be ended. It is not inevitable that the grave and the cradle be one and the same for thousands of American children" (Senator Lawton Chiles, Chairperson of the National Commission to Prevent Infant Mortality).

The United States ranked 24th in the world for the lowest incidence of infant mortality in 1987 (10.1 deaths per 1,000 live births), the latest year for which complete international statistics have ben compiled. Although the United States has fallen from its ranking of 20th in the world in 1980, the infant mortality rate has shown a decrease from 12.6 deaths per 1,000 live births to 9.8 deaths per 1,000 live births in 1989 (Center for the Study of Social Policy 1992). Montana had an infant mortality rate of 10.0 per 1,000 live births over the 3-year period 1987-89.

Studies indicate that the leading cause of preventable death among infants is low birth weight, a problem which can be largely controlled if mothers-to-be receive early and continuous prenatal care. Socioeconomic and demographic characteristics associated with the risk of low birth weight include low educational attainment, unmarried status, being 30 years of age or older having the first baby, or being a teenage mother having a second or higher order of birth (U.S. Department of Health and Human Services 1991).

Based on Montana vital statistics,

- Deaths of infants under the age of one year represented
   1.6 percent of all deaths in Montana.
- Every three days one baby under the age of one year died.
- D Every week 14 low birth weight babies were born.
- Every week 26 babies were born to teenage mothers.

In an effort to reduce infant morbidity and mortality in Montana, Healthy Mothers, Healthy Babies, The Montana Coalition (HMHB) reviewed actions of other states to reduce infant mortality. Particular attention focused on Utah's Baby Your Baby Program developed by the Utah Department of

Note from a 800-line caller ...l appreciated the fact you were always there. Kept your 800 number on our refrigerator. [The program is] especially good for someone in a rural area like me. ...l loved being pregnant. Hope all women do. Keep up the good work.



Health and KUTV Television in Salt Lake City. In 1988, HMHB organized a Steering Committee comprised of representatives of government, the medical community, insurance providers, community service groups, and other interested parties to take a closer look at Utah's Baby Your Baby Program.

At the urging of grassroots advocates and public health agencies, Montana's Initiative for the Abatement of Mortality in Infants (MIAMI) was passed by the 1989 Legislature and extended by the 1991 Legislature, to improve pregnancy outcomes and decrease infant mortality in Montana. The Governor-appointed MIAMI Advisory Council, representing those interested in perinatal issues, was established. The Council is composed of members of state and local health departments, social service agencies, parent organizations, private health care providers, American Indian tribes, and non-profit organizations.

MIAMI implemented four approaches to achieve the goal of improving pregnancy outcomes and decreasing infant mortality in Montana.

- Local MIAMI projects were established to prevent low birth weight babies and reduce infant mortality through coordination of perinatal care. Eight MIAMI projects have shown that assisting women in gaining access to early and comprehensive prenatal care can improve pregnancy outcomes.
- An Infant Mortality Review Program was established to identify specific factors in Montana which contribute to poor pregnancy outcomes.
- Medicaid changes such as expedited ambulatory prenatal care for pregnant women who are presumed to be eligible for Medicaid ("presumptive eligibility") and continuous eligibility for pregnant women were implemented to enable more women access to early and continuous prenatal care.
- Public education projects were established to lower the incidence of low birth weight babies and infant mortality.
   The BABY YOUR BABY Program carries out this public education campaign.



The Montana Department of Health and Environmental Sciences solicited proposals to organize and implement the BABY YOUR BABY Program. HMHB was selected by the State of Montana to carry out all administrative and supervisory responsibilities and to provide fiscal management of BABY YOUR BABY. In addition to HMHB, other agencies and organizations directly involved with BABY YOUR BABY are the Governor of Montana, Montana State Legislature, the Montana Department of Health and Environmental Sciences, the Montana Department of Social and Rehabilitation Services, and Blue Cross and Blue Shield of Montana.

Phase I of the BABY YOUR BABY Program is a two-year community outreach, referral, and public awareness effort involving a multi-media approach to selected target audiences in both urban and rural areas. BABY YOUR BABY was officially launched on March 8, 1991. In a proclamation signed by Governor Stan Stephens, it stated:

I, Stan Stephens, Governor of the State of Montana, do hereby proclaim March 11-15, 1991 as BABY YOUR BABY week in Montana and encourage all citizens to join in this observation to support the coming of life and the quality of that life by encouraging all Montana women to receive early and repeated prenatal care throughout pregnancy.

The Program, directed primarily at pregnant women and secondarily at all women of child-bearing age, was designed to achieve three major objectives:

- Reduce the incidence of low birth weight babies in Montana.
- Reduce mortality and morbidity of infants under the age of one year.
- Increase the number of pregnant women receiving prenatal care during their first trimester and at regular intervals thereafter until their baby is born.



BABY YOUR BABY is reaching mothers-to-be through local media efforts such as television public service announcements (PSAs), news series, and half-hour documentaries; radio PSAs; posters; public forums; brochures; billboards; newspapers; and the 1-800 BABY YOUR BABY referral telephone line.

The first interim BABY YOUR BABY report, published in July 1991, discussed events and results of the program through June 1991.

This second report discusses at-risk babies, the BABY YOUR BABY Program, results of the Program to date, and future events of the Program. Some women who have called the 1-800 BABY YOUR BABY telephone line told about how BABY YOUR BABY had helped them (see excerpts in boxes throughout the report). The excerpts presented in the text of this report are not inclusive (see Summary of Survey Results in the Appendix for a more complete list).

The media portion of the BABY YOUR BABY campaign phased in between March and June of 1991. Many facets of the Program (e.g., radio and television news segments, PSAs, and surveys of pregnant women before and after birth of their baby) described in this report will be continued through June of 1993.



## **Babies At Risk**

The U.S. Surgeon General recognized the importance of problems associated with low birth weight babies in 1980, when he called for the reduction of low birth weight as one of the major health objectives for the nation. In 1990, the U.S. Public Health Service accepted the challenge to reduce the incidence of low birth weight (5 pounds, 8 ounces or less) to no more than 5 percent of live births and very low birth weight (3 pounds and 5 ounces or less) to no more than 1 percent of live births (U.S. Department of Health and Human Services, Public Health Service, September 1990).

In the United States, of all infants who die in the first year of life, 60 percent are of low birth weight and 40 percent of these are of very low birth weight. Approximately 50 of every 1,000 single births in Montana are low birth weight infants (Montana Department of Health and Environmental Sciences, Vital Records and Statistics Bureau, May 1991).

Many factors interact to increase the incidence of babies with low birth weights, including environment, culture, economic status, health of mothers-to-be, access to prenatal care, social behaviors (e.g., drinking alcoholic beverages, smoking, using non-prescribed drugs), stress, age, race, marital status, education, maternal complications, and pre-term labor. These factors do not have a cause and effect relationship, but do contribute to the incidence of low birth weight babies.

## IN MONTANA,

- Pregnant women who received prenatal care had a lower incidence of low birth weight infants than those who did not obtain prenatal care in 1991 (11.2 percent for women without prenatal care and 4.8 percent for women with prenatal care).
- Mothers-to-be who drank alcohol had a higher incidence of low birth weight babies in 1991 (10.1 percent for women who drank alcohol and 4.6 percent for women who did not drink alcohol during pregnancy).
- Pregnant women who smoked during pregnancy had a higher incidence of low birth weight infants in 1991 (7.8 percent for smoking women and 4.1 percent non-smoking women).



Some factors which contribute to low birth weight babies are not easily controlled and present barriers for adequate prenatal care. Women with low incomes may be discouraged by the cost of prenatal care; young, pregnant women may not have access to information about healthy habits; unmarried, pregnant women may face greater risk due to stress associated with socioeconomic and psychological factors; and rural women may have great distances to travel for prenatal care and delivery.

A recent survey conducted by the Montana Perinatal Program of the Department of Health and Environmental Sciences (February 1991) confirmed that there are barriers to prenatal care among Montana women. Results of the survey indicate that:

- □ Unmarried women, not graduated from high school, using Medicaid to pay for prenatal care, and whose annual per capita income was less than \$6,000 were most likely to seek late prenatal care.
- □ The younger the mother, the later she sought prenatal care.
- American Indian mothers and women receiving public assistance initiated prenatal care later in their pregnancy than non- American Indian women and those not receiving public assistance.
- ☐ The most commonly reported suggestions to improve pregnancy checkups were: pregnancy care should cost less (49 percent); scheduling of appointments could be improved to reduce waiting time (23 percent); see the same doctor or nurse each visit (9 percent); and child care should be available at the clinic or doctor's office (7 percent).
- □ Approximately one-third of the respondents indicated they had problems in obtaining prenatal care. Of these respondents, the leading problems associated with getting prenatal care included: too long of a wait at the clinic or doctor's office (24 percent); no health insurance (19 percent); no money to pay for prenatal care (19 percent); and transportation (15 percent).



BABY YOUR BABY strives to make all women aware of the importance of early and continued prenatal care and to inform them of opportunities to acquire assistance with obtaining prenatal care.





# **Baby Your Baby Program**

BABY YOUR BABY has been made possible through a public and private partnership. This partnership has resulted in an effective communication network and has developed creative ways in which to maximize funds. Major sponsors of BABY YOUR BABY are the Montana Department of Health and Environmental Sciences, Montana Department of Social and Rehabilitation Services, Blue Cross and Blue Shield of Montana, and Healthy Mothers, Healthy Babies, The Montana Coalition. Other donors have been solicited through presentations and grant proposals and, because BABY YOUR BABY is an outreach program for pregnant women, general fund and donation dollars have the potential to be matched by Medicaid. In addition to dollar donations, many companies and agencies have provided in-kind services for BABY YOUR BABY. The two-year budget for BABY YOUR BABY was \$372,208 plus a maintance budget of \$64,193 to complete Phase I.

# BABY YOUR BABY ORGANIZATIONAL STRUCTURE

Under the leadership of HMHB, an Executive Committee was established to oversee the BABY YOUR BABY Program. The Steering Committee, originally established in 1988, also remains in place to organize and promote broad-based community support for BABY YOUR BABY. In addition, to the Executive and Steering committees, several subcommittees have been formed to provide guidance and technical support for the Program. Responsibilities of the Executive Committee and subcommittees are as follows:

- ☐ Executive Committee: Oversees the Program and all campaign elements of the Program and assists in obtaining funding for the Program. The Executive Committee is comprised of representatives of HMHB, Montana Department of Health and Environmental Sciences, Montana Department of Social and Rehabilitation Services, and Blue Cross and Blue Shield of Montana.
- Technical Guidance Subcommittee: Responsible for providing technical accuracy of all materials and products associated with BABY YOUR BABY and for furnishing medical consultation to the Program.

Note from 800-line caller ... I was treated with the utmost respect when using Medicaid and Food Stamp services which I received after contacting the Baby Your Baby Program. Thank you very much.



- Information and Incentive Subcommittee: Responsible for soliciting and overseeing development of materials included in the information packet sent to expectant mothers who call the toll-free referral telephone line.
- Evaluation Subcommittee: Responsible for developing and implementing an evaluation plan to measure the success of the Program and for making recommendations for changes in the campaign strategy.
- Media Review Subcommittee: Responsible for reviewing material specific to target groups (teenagers, American Indians, low income women, and other at-risk women) for appropriateness and potential impact.
- Referral Subcommittee: Responsible for establishing the referral system used for those seeking assistance through the 1-800 referral telephone line, generating the referral contact person list, for developing the role of HMHB local coalitions for supporting the BABY YOUR BABY Program, and developing the format for BABY YOUR BABY forums for care givers.

## PUBLIC OUTREACH AND MEDIA CAMPAIGN

The BABY YOUR BABY media campaign, one of the most intensive media campaigns in Montana's history, consists of a diverse array of printed and broadcast communications. The campaign is targeted at informing Montana mothers-to-be of the importance of "babying their baby" through early and continuous prenatal care.

Continental Productions (Great Falls, Montana) has been responsible for producing the television segments of BABY YOUR BABY. The production crew has travelled more than 7,600 miles in Montana and filmed over 200 interviews for the news segments and documentaries. News segments were also filmed in Denver, Colorado, Seattle, Washington and Washington, D.C.

Since the official kickoff of the campaign in March 1991, the following events and media campaign elements have taken place.



Note from 800-line caller ....I think the information sent out is very beneficial. I learned a great deal from the pamphlets sent out. Keep up the great job. I know I beneficed from the Program.

- ☐ Television: A special BABY YOUR BABY network was formed among television stations throughout the state. Starting in March 1991, each network affiliate has aired BABY YOUR BABY news segments each week, an half-hour documentary every six months, and PSAs which promote the 1-800 referral telephone line. To date, 104 news segments, nine PSAs, and four half-hour documentaries have been produced and distributed to six Montana stations--KULR (Billings), KCTZ (Bozeman), KXGN (Glendive), KTGF (Great Falls), KTVH (Helena), and KCTZ (Missoula). Collectively these six stations reach 86 percent of Montana households. Special PSAs were produced for the Governor's Office on Aging on assistance to pregnant women and the Immunization Program. These PSAs were distributed with flight three and flight four materials.
- Radio: Four 30-second PSAs were sent to 73 radio stations within the state during the week of Mother's Day 1991 and 1992. Eighteen radio stations are airing a radio version of the television news segments. Radio markets include Billings, Bozeman, Butte, Dillon, Forsyth, Great Falls, Helena, Kalispell, Lewistown, Malta, Missoula, Miles City, and Shelby.
- © Community Forums: Community forums were held in Billings, Bozeman, Butte, Dillon, Glasgow, Great Falls, Hamilton, Helena, Kalispell, Lame Deer, Lewistown, Libby, Miles City, Missoula, Plains, Sidney, Fort Belknap and Flathead Indian reservations, and members of the Crow Tribal Health Department. The purpose of the forums was to provide information about BABY YOUR BABY and to assist in developing services and referral systems in their communities. Issues such as funding, transportation, nutrition, finding a care provider, day care, and hunger were addressed at the forums.



- Community Meetings: In the spring of 1992, community meetings were held in Billings, Bozeman, Great Falls, Helena, and Missoula. Representatives of the local HMHB Coalition, the Television Station, local sponsors, MIAMI Projects, WIC, and the local Health Department met to discuss ways of increasing the visibility of BABY YOUR BABY in their community.
- Newspaper: The Montana Newspaper Association voted at their annual meeting to make BABY YOUR BABY a project of the association. The eight-page newspaper supplement will be made available to daily newspapers through the association and a BABY YOU BABY column will be made available to weekly newspapers in November of 1992. Blue Cross and Blue Shield of Montana funded the cost of announcements in newspapers of each of the television marketing areas (Billings, Bozeman, Glendive, Great Falls, Helena, and Missoula) where the first half-hour documentary was aired.
- Other Printed Materials: Twenty thousand BABY YOUR BABY information brochures were distributed through local HMHB Coalitions, health care providers, and state and county offices.

Blue Cross and Blue Shield of Montana printed 2,500 full-color posters, promoting the 1-800 referral line. These posters were distributed to television stations, local HMHB Coalitions, county health departments, Medicaid offices, and local BABY YOUR BABY contact people.

A special Care Provider's Guide to BABY YOUR BABY was produced and distributed to care providers across the state.

BABY YOUR BABY information cards were mailed by the Montana Department of Social and Rehabilitation Services to 54,000 Medicaid and Aid to Families with Dependent Children (AFDC) recipients in 1991 and again in 1992.



Note from 800-line caller ...it helped a lot just knowing I had a lot of information on everything I needed to know. Everyone that I saw during my pregnancy were great (especially) Deering Clinic and Elizabeth Seton Clinic

□ 1-800 Referral Telephone Line (1-800-421-MOMS):
The 1-800 telephone line was in operation by March 1991 to receive calls from mothers-to-be who may need assistance with their pregnancies. This segment is a very important part of BABY YOUR BABY because it is at this point that the expectant mothers learn where they can receive assistance with their pregnancy. The toll-free referral line will be ongoing through at least June 30, 1993.

When the call is received by HMHB staff in Helena, they enroll the pregnant women in BABY YOUR BABY, administer a short survey, and provide, if needed, a referral contact person in the caller's area. Each county has a contact person who is usually a local health provider or a public health nurse.

The HMHB staff sends each enrolled pregnant woman an information packet as well as an incentive gift ("First Fifteen Months with Baby" calendar). The information packet contains important material for the mothers-to-be including information on: drugs, alcohol, tobacco abuse during pregnancy; sexually transmitted diseases; the Montana pregnancy risk line; Montana child care resources; immunizations; breastfeeding; the Medicaid Well Child Health Program; seat belt usage during pregnancy; child passenger safety; the Child Support Enforcement Program; family violence prevention and treatment; the Nutrition Program for Montana's Women Infants Children (WIC); Family Planning and the Montana Medical Genetics Program at Shodair Hospital in Helena.

Follow-up activities after initial contact is made by pregnant women include:

- If a woman needs assistance, the HMHB staff sends a copy of the request to the contact person closest to her place of residence for follow-up and action.
- ☐ A copy is sent to the Montana Perinatal Program of the Department of Health and Environmental Sciences.

  The Perinatal Program staff makes telephone follow-up calls to contact people who have received BABY YOUR BABY referral information.



Note from 800-line caller ...! really appreciated the help and support of the two workers who came to see me. They gave me lots of information and seemed to genuinely care about me, my pregnancy and the unborn baby.

□ After the BABY YOUR BABY enrollees have given birth, the HMHB staff sends a second questionnaire to the mother to gather pertinent information concerning the baby's birth. Women returning the questionnaire receive a second incentive gift—a special commemorative birth certificate signed by the Governor of Montana with their baby's name calligraphed on the certificate (a \$17 value).

## BABY YOUR BABY EVALUATION

Measuring the success of BABY YOUR BABY is a very important part of the Program and will continue throughout the duration of the Program. Information gathered from pregnant women calling the 1-800 referral telephone line have been used to evaluate which elements of the media campaign were most successful. Other information provided by the mothers-to-be is useful in determining why women do not receive prenatal care and what assistance is most often needed by women to have a healthy pregnancy.

Vital statistics from previous years have been collected to establish baseline data trends for statistics such as infant deaths, low birth weight, or other possible outcomes of pregnancy. To determine whether changes in perinatal statistics can be correlated with BABY YOUR BABY, baseline data will be compared with annual data following implementation of the Program; however, it is anticipated it will take several years before change may be realized. Other statistics being examined include Medicaid and WIC Program caseload numbers and costs associated with prenatal care and records of Indian Health Service clinics.

The follow-up survey of women enrolled in BABY YOUR BABY provides useful information about the baby's birth and assists in determining if the women who became knowledgeable about the importance of prenatal care were adequately inspired by the Program to follow through by obtaining prenatal care.



# Note from 800-line caller ...before I went to see the doctor I was three months pregnant. I was worried about the financial part until I found out about Medicaid.

# RESULTS OF BABY YOUR BABY ENROLLMENT SURVEY

Between March 1991 and June 1992, HMHB has received 825 BABY YOUR BABY calls from pregnant women throughout Montana (see Appendix for complete results). This an average of 55 calls a month during the 15-month period.

Many methods of advertising (television, radio, posters, brochures, and billboards) have been used to encourage pregnant women to call the BABY YOUR BABY 1-800 telephone line. To date, the most effective means of encouraging women to call the BABY YOUR BABY telephone line has been through health care providers (13 percent) and advertisement flyers accompanying checks sent to AFDC and Medicaid recipients (12 percent). Twenty-five percent stated that they had viewed one of the three methods of television advertising. Of this 25 percent, 10 precent reported viewing the public service announcements, 11 percent viewed the news items, and 5 percent indicated that they learned about BABY YOUR BABY by viewing the one-half hour documentary. Two percent stated that they called after seeing the number on billboards. Although radio PSAs and newspaper articles have been cited as a source of BABY YOUR BABY information (less than 1 percent each), the major radio campaign just started and the newspaper campaign will not start until late fall 1992.

Results of the survey administered at the time women called the 1-800 referral line indicate:

- □ Sixteen percent of the respondents were under 19 years of age and 8 percent were over 33 years of age.
- ☐ Twenty-five percent had not received a pregnancy checkup.
- Of those who had a pregnancy checkup, 13 percent made their first pregnancy visit after the first trimester.
- □ Fifty-two percent (433 respondents) needed assistance with their pregnancy. Of these 433 women:
  - □ Fifty-four percent needed help paying for pregnancy visits to the doctor and delivery of the baby.



Note from 800-line caller ...that there was someone caring who I could contact if I needed help was a real relief for me.

- Forty-four percent needed help selecting healthy foods during their pregnancy.
- Forty-one percent needed help paying for healthy foods during their pregnancy.
- ☐ Thirty percent needed help finding a doctor to provide pregnancy care.
- ☐ Twenty-six percent needed help with smoking cessation.

## RESULTS OF BABY YOUR BABY MAIL FOLLOW-UP SURVEY

Follow-up questionaires were mailed to 523 women who had enrolled in the BABY YOUR BABY Program through June 30, 1992. A total of 323 women (62 percent) returned the questionnaire. Results of the follow-up survey are as follows:

- All women had received pregnancy checkups, with 87 percent reporting their first checkup during the first trimester.
- Fifty-six percent recieved 12 or more pregnancy checkups,
   26 percent had 9 to 11 checkups, and 14 percent had less than 9 pregnancy checkups.
- □ Sixty percent of the babies were delivered by a private OB/GYN physician, 25 percent were delivered by a private physician, and the remaining 15 percent were delivered by an Indian Health Service physician, family nurse practitioner/nurse midwife, or family member.

Although results of BABY YOUR BABY are preliminary, because collection of data is ongoing, we are encouraged by the number of pregnant women who have called the 1-800 referral telephone line seeking assistance with having a healthy pregnancy and calls to the 1-800 have been increasing each month.

We look forward to the personal and societal rewards of increasing the number of women obtaining prenatal care and, thereby, decreasing the incidence of infant mortality in Montana. Montana's infants are a treasured natural resource whose health and well-being are vital to the future of our state.



# Baby Your Baby -The Future

HMHB is pleased to be participating with the Department of Health and Environmental Sciences and Department of Social and Rehabilitation Services as well as other public and private agencies to conduct this multi-media campaign to address the issues of infant mortality and morbidity and preventive health care for pregnant women and children under two years of age.

National studies show that the leading cause of preventable death among infants less than one year of age is low birth weight. Medical experts agree that low birth weight and its resultant complications can be largely prevented by the expectant mother through receiving prenatal care during her first trimester and at regular intervals thereafter until the birth of her child.

For young children, the rural and sparse population in Montana has negatively influenced the distribution of health care and social services and has greatly increased the difficulties in service delivery and access. The Montana Legislature, the Department of Health and Environmental Sciences, Department of Social and Rehabilitation Services and HMHB are committed to addressing the problem of infant mortality and morbidity and providing preventive health care for children.

Phase I of BABY YOUR BABY has been a two-year, multi-media campaign designed to communicate with expectant mothers and motivate them to seek early prenatal care. Phase II of BABY YOUR BABY is designed to expand that education to include children under the age of 2.

The priority objectives of this statewide outreach campaign are to:

- □ Reduce the number of low birth weight babies
- □ Reduce infant mortality and morbidity
- Increase the number of women receiving prenatal care during their first trimester
- Increase the number of women receiving continuous prenatal care
- □ Increase the number of women breastfeeding

Note from 800-line caller ...I didn't contact Baby Your Baby until I was in my final months. The information sent was excellent and I will keep it on hand for our next pregnancy or for friends with questions. Thanks.



- Ensure that all children, especially those who are disabled or at risk, receive early and regular preventive health care
- ☐ Inform Medicaid eligible parents about Kids Count wellchild screening examinations and follow-up treatment
- ☐ Inform Medicaid providers and recipients about the Passport to Health Program
- Inform Montana parents about the need for early medical check ups for their children including eye, hearing, and dental exams, and immunizations
- ☐ Inform parents about emergency medical service issues and injury prevention for young children
- Encourage participation in early reading programs

## THE CAMPAIGN

BABY YOUR BABY PHASE II is a two-year, multi-media campaign comprised of four six-month "waves." Each wave will carry forward the main theme of the campaign, yet focus on specific sub-themes. These themes will include:

- ✓ prenatal care
- ✓ neo-natal care
- ✓ well-child care
- ✓ breastfeeding
- ✓ immunizations
- ✓ Family Teaching Centers
- ✓ child safety and accident prevention
- ✓ parenting
- ✓ home visits
- ✓ support for parents, siblings, and grandparents
- ✓ working parents
- ✓ dental care for pregnant women and young children
- ✓ school readiness and early reading
- ✓ day care
- ✓ foster care
- ✓ extended family
- ✓ adoption
- ✓ fathers' role
- ✓ child support
- ✓ developmental stages
- ✓ exercise for pregnant women and new mothers
- ✓ infant and child exercise



The campaign will be carried out through various media including television and radio broadcasts, print-advertising, outdoor posters, printed support materials, exhibits, and special events.

The contact and referral system has been invaluable to the success of the BABY YOUR BABY Program. The community contacts will assist in determining the expansion of this system to include the newborn to two year old component.

The BABY YOUR BABY informational packet and 15-month calender will continue as the incentive for pregnant women calling the 1-800 line. The Incentive Subcommittee will determine the appropriate incentive for the newborn to two component. This will be pilot tested by a target group.

Most importantly, the tone of the campaign will be positive, offering support and encouragement to expectant mothers and families of children newborn to two. It will empathise the need for the family and the community to nurture and assist her in having the best pregnancy possible and developing the necessary parenting skills to enhance the health and well-being of Montana's children.

## The Name, the Logo

The name of the campaign will continue to be "BABY YOUR BABY." Montana has patterned its campaign after the one developed in Utah and HMHB has extended its rights to the Utah BABY YOUR BABY name, logo, and materials to cover Phase II.

The Executive Committee and sub-committees will continue to monitor and evaluate elements of BABY YOUR BABY to ensure necessary modifications are made to maximize effective communication with pregnant women and families of children newborn to two in Montana. The most effective Program elements will be reinforced and expanded if preliminary results indicate that some forms of media are more effective than others.





# **Baby Your Baby Advisory Board**

Dale Landis, MD HPAC March of Dimes Rocky Mountain Chapter 5 East 15th Street Helena, MT 59601

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Jim Russell Duke Brekhas Continental Productions Box 1219 Great Falls, MT 59403

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Joan FitzGerald Administrative Director Genetics Division Shodair Children's Hospital Box 5539 Helena, MT 59604



Note from 800-line caller

out about Baby Your Baby.

...the WIC Program is wonderful. That is how I found Note from 800-line caller ...this is a great program, I appreciated all the help I was given.

Mary Beth Frideres, RN Lewis & Clark City-County Health Department 1930 9th Avenue Helena, MT 59601

Judy Garrity
Former Assistant Director
HMHB, The Montana
Coalition
316 Fuller Avenue
Helena, MT 59601

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Early Intervention Specialist
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Box 4210
Helena, MT 59604



# **Program Management**

## EXECUTIVE COMMITTEE

Montana Department Of Health And Environmental Sciences

Maxine Ferguson, RN, MN

Department Of Social And Rehabilition Services Nancy Ellery

Blue Cross And Blue Shield Of Montana Charles Butler

Healthy Mothers, Healthy Babies -- The Montana Coalition

Michael Cucciardi

## PROJECT COORDINATOR

Universal Consulting
D. Elizabeth Roeth, RNC, MBA

BABY YOUR BABY INFORMATION AND REFERRAL LINE

Cyd Slattery

## **EVALUATION**

Northwest Resource Consultants *Linda Priest* 



Note from 800-line caller

...this is a wonderful program,

information. Thank you for all the pamphlets and calendar.

with helpful and useful

## **Media Production Team**

## TELEVISION PRODUCTION

Continental Productions, Great Falls

James Colla

Penny Adkins

Duke Brekhas

Town Dickings

James Russell

JoMay Barker

## MEDIA DEVELOPMENT AND SUPERVISION

GHS Public Relations, Helena and Seattle

Robert Howard

J. Riley Johnson

Ed Snyder

## RADIO PRODUCTION

Baran Productions, Helena

Bob Baran

KGHL, Billings

Lynn Turner-Fitzgerald

## PRINT PRODUCTION

Insty-Prints, Helena

Blue Cross and Blue Shield of Montana, Helena

## TECHNICAL ADVISOR

Universal Consulting

D. Elizabeth Roeth, RNC, MBA



"There are no villains in this

story just victims ... women who don't have access to care."

--JoMay Barker, BABY YOUR BABY Network Anchor

## **APPENDICES**

Note from 800-Line caller ...I received wonderful care. I hope everyone will go to the doctor it could save their baby's life.

- □ BABY YOUR BABY CALENDAR
- □ LIST OF DONORS AND SUPPORTERS
- ORGANIZATIONAL CHART
- □ LIST OF TELEVISION NEWS SEGMENTS
- □ LIST OF TELEVISION DOCUMENTARIES
- □ LIST OF RADIO SEGMENTS
- COMMUNITY CONTACT LIST
- SUMMARY OF SURVEY RESULTS
- REFERENCES





# Baby Your Baby Calendar



### Baby Your Baby Calendar

1988		JUNE	KTGF agrees to be anchor station for	
MAR.	First exploratory meeting with KUTV Utah and potential players - Healthy		the BABY YOUR BABY television network	
	Mothers, Healthy Babies (HMHB) Conference Room in Helena		Grant application "BABY YOUR BABY - A Multi-media Campaign for	
APR.	Work begins to establish funding and television and radio network		Drug and Alcohol Free Pregnancy" submitted to the Federal Office for Substance Prevention for BABY YOUR	
SEPT.	First check arrives from The Doctor's		BABY funds	
	Company for BABY YOUR BABY Program	JULY	Production contract negotiations begin	
1989			Technical assistance received from Stanford on production contract	
JAN.	Grassroots advocacy efforts on behalf of MIAMI Bill begin	AUG.	BABY YOUR BABY Program development begins	
	Negotiations with KUTV begin on production rights		First draft of "BABY YOUR BABY and the Health Care Provider"	
	Presentation to HMHB's Interagency		brochure	
	Committee seeking potential state agency financialsupport		BABY YOUR BABY Community	
FEB.	First of monthly meetings of Steering		Health Care Providers and Educational Forums planning begins	
	Committee	SEP.	Utah's KUTV BABY YOUR BABY	
APR.	Work begins on Registration and InformationPacket to be sent to BABY		materials received and reviewed	
	YOUR BABY enrollees	OCT.	BABY YOUR BABY presentation to Blue Cross and Blue Shield of Montana	
	Work continues on financial backing for BABY YOUR BABY	DEC.	Funding stabilized to move forward with BABY YOUR BABY	
	MIAMI Bill passes which includes funds	1990	DADI TOOK DADI	
	for media outreach program to pregnant women	JAN.	Production Rights purchased for BABY	
MAY	BABY YOUR BABY subcommittees meet	FEB.	YOUR BABY from KUTV Response to Request for Proposal	
	Presentation made to Montana Department of Social and Rehabilitation Services (SRS) staff		submitted to Montana Department of Health and Environmental Sciences (DHES); DHES awards contract to HMHB to oversee and coordinate public education campaign (BABY YOUR BABY)	
	Work begins on Medicaid matching funds			

### 1990 Continued FEB. Continued

Developmental Disabilities of SRS

	Developmental Disabilities of SRS commits to sponsor BABY YOUR BABY		Blue Cross and Blue Shield of Montana signs on as major sponsor
	Montana Departments of SRS and DHES sign on as major sponsors		Shodair Hospital of Helena signs on as sponsor
	Negotiations continue on contract with Continental Productions of Great Falls		Child Support Bureau of the Montana Department of Revenue signs on as
MAR.	Steering Committee formalized with members, responsibilities, and subcommittees	SEP.	sponsor  Community Health Care Providers and Educational Forums development
	Monthly BABY YOUR BABY Advisory Committee meetings begin again		begins Proposal submitted to Montana Power Company/ENTECH Foundation
	Executive Committee established Action plans established for subcommit-	OCT.	Grant received from Children's Trust Fund
	tees Contract negotiations begin with DHES 10,000 BABY YOUR BABY information brochures distributed		Proposal submitted to Montana Area Health Education (AHEC) Center to support BABY YOUR BABY Community Forums
MAY	statewide Proposal for funds to support BABY YOUR BABY submitted to March of		Filming began for BABY YOUR BABY First Phase-Flight I of news segments and documentary
	Dimes and to Children's Trust Fund Script development begins for Flight	NOV.	Funds received from AHEC for Community Health Care Providers and Educational Forums
JUNE	DHES contract signed with HMHB Funds received from Blue Cross and Blue Shield of Montana		BABY YOUR BABY Community Forums begin - Held in Dillon, Helena, and Butte
	First Medicaid matching funds received BABY YOUR BABY - A Multi-media Campaign for Drug and Alcohol Free		Filming of BABY YOUR BABY news segments and first documentary continues
	Pregnancy" grant revised and resubmitted to the Federal Office of Substance Abuse and Prevention	DEC.	BABY YOUR BABY Community Forums held in Missoula, Hamilton, Kalispell, Libby, Plains, Billings, Miles
JULY	BABY YOUR BABY scripts submitted to Technical Advisory Committee for		City, Bozeman, and Great Falls  Editing of news segment and documen-
	review and comments		taries

AUG.

Agreement signed with Continental Productions

1990 Co	ontinued	APR.	BABY YOUR BABY Community
DEC. Continued			Forums held in Lewistown and Fort Belknap Reservation
	1-800-421-MOMS number secured for BABY YOUR BABY		Filming begins on second documentary and news segments
1991 JAN.	Grant received from Montana Power	MAY	Proposal submitted to Children's Trust Fund
	Company/ENTECH Foundation	JUNE	SRS distributes 27,000 "check stuffers"
	Kiwanis of Helena donation received BABY YOUR BABY Community		in Medicaid and Aid to Families with Dependent Children (AFDC) payments
	Forums held on the Flathead Indian Reservation		Blue Cross and Blue Shield of Montana prints 2,500 posters for community
FEB.	BABY YOUR BABY script develop-		distribution
	ment begins for Flight II St. Peter's Hospital of Helena donation		Children's Trust Fund awards funds to BABY YOUR BABY
	received	JULY	Data Analysis
	Women Infant Children (WIC) funds		Approval of Radio Segments
	BABY YOUR BABY Community	AUG.	Financial Audit - Galusha, Higgins and Galusha
	Forums held in Glasgow News segments and documentary		BABY YOUR BABY script develop- ment begins forFlight III
	mailed to television stations Planning for BABY YOUR BABY	SEP.	BABY YOUR BABY filming of Flight III begins
MAR.	"kick-off"  Doctor's Company donation received	OCT.	Newspaper Association preliminary committment
	Governor officially "kicks-off" BABY		SRS Distributes 27,000 "check stuffers"
	YOUR BABY		BABY YOUR BABY Newsletter
	First news segment airs on KTGF-Great Falls		Bill Boards
	BABY YOUR BABY Community		Media/Community Retreat
	Forums held in Sidney, Northern Cheyenne Reservation-Lame Deer, and	NOV. DEC.	Advisory Committee Meeting-approval of Radioproduction/scripts
	Crow Tribal Health Department FIRST BABY YOUR BABY CALL RECEIVED		BABY YOUR BABY Community/ Media Meetings held inBillings, Great Falls, Helena, Missoula
	BABY YOUR BABY scripts submitted to Technical Advisory Committee for review and comments		

1992

JAN. Office on Aging-Outreach to

Pregnant Women

Televison and radio PSA's produced

FEB. Flight 3 Distributed

MAY BABY YOUR BABY Pregnancy to II

Planning Meeting

BABY YOUR BABY Pregnancy to Age II approved by Executiv Committee

JUNE Spending Authority Authorized by

Legislature

Children's Trust Fund Grant received

March Dimes grant received

Montana Power Company/ENTECH

Foundation grantreceived

Kiwanis of Helena donation received

BABY YOUR BABY script develop-

ment begins for Flight IV

Flight IV production begins

Radio script developed

Development of Newspaper Supplement

Radio news segments production and

distribution
Final plans for Newspaper Supplement

approved byNewspaper Association

Immunization PSA developed

NOTE: This is not a complete list of donations and supporters-- refer to Appendix for a complete list.

# List Of Donors And Supporters





# **Baby Your Baby Donor and Supporting Organizations**

### **Funding Organizations**

#### Major Sponsors:

Blue Cross and Blue Shield of Montana Healthy Mothers, Healthy Babies-The Montana Coalition State Of Montana

Governor's Office
Montana Department of Health and Environmental Sciences
Department of Social and Rehabilitation Services
Department of Family Services
Department of Revenue

#### **Local Sponsors**

Bozeman Deconess Hospital Community Medical Center, Missoula Glendive Medical Center Great Falls Deconess Hospital Saint Peter's Hospital, Helena Saint Vincent's Hospital, Billings Shodair Children's Hospital, Helena

#### Other Sponsors:

Kiwanis of Helena
March of Dimes, Montana Big Sky Chapter
Medical Genetics Program at Shodair Children's Hospital
Montana Children's Trust Fund
Montana Health Education Center (AHEC)
MPCO/ENTECH Foundation, Inc.
The Doctors' Company

### **Supporting Organizations**

Local Health Departments
Local Coalitions, Healthy Mothers, Healthy Babies
Medical Auxiliary of the Montana Medical Association
Montana Academy of Family Physicians
Montana Academy of Pediatrics
Montana Hospital Association
Montana Medical Association
Montana Newspaper Association
Montana Newspaper Association
Montana Section-ACOG
Montana Section-NAACOG



# **Organizational Chart**



Organizational Chart

### Committee Review Program Baby Your Baby Project Advisor Technical Exec. Committee Program HMHB Incentive Coordinator Project BYB System 1-800 Program Referral Relations Firm Public Production Company

Outdoor

Newspapers

Radio

TV Network

Baby Your Baby Project



# List Of Television News Segments



List Of Television News Segments

### FIRST TWENTY SIX NEWS SEGMENTS

SEGMENT	NAME	TIME
1	Introduction	1:37
2	Infant Mortality In Montana	1:20
3	Low Birthweight Babies	1:53
4	Cost of Low Birthweight Babies	1:34
5	At Risk Interview	1:32
6	Teens - General	1:34
7	Teen Fathers	1:50
8	Teen Mothers	1:30
9	Teen Parents	1:24
10	Native Americans Segment 1	1:37
11	Native Americans Segment 2	1:44
12	Drugs and Alcohol	1:34
13	Issues In Rural Health Care	1:38
14	Importance of Early Care	1:35
15	MIAMI Project	1:30
16	Accessing Care In Montana	1:45
17	The Nurse Mid-Wife	1:33
18	Importance of Early Care #2	1:35
19	Early Care - Physician	1:35
20	Early Care - Mother	1:24
21	High Risk Patient	1:38
22	Case Management	1:34
23	Community Point of View	1:42
24	Medicaid Coverage	1:34
25	Infant Mortality in Montana	1:38
26	Infant Mortality Segment 2	1:51

### SECOND TWENTY SIX NEWS SEGMENTS

SEGMENT	NAME	TIME
27	Overview of policy issues affecting access to prenatal care	1:43
28	National policy issues affecting access to prenatal care	1:59
29	Policy issues in Montana affecting access to prenatal care	1:45
30	Malpractice insurance issue as it affects prenatal care	1:48
31	How Montana is addressing prenatal care issues	1:44
32	Prenatal care issues from a providers point of view	1:37
33	Prenatal care issues from a hospital's point of view	1:58
34	Prenatal care issues from a social workers point of view	1:35
35	Prenatal care issues from a legislator's point of view	1:43
36	Prenatal care issues from the Executive Branch view	1:46
37	Access to prenatal care as an issue	1:49
38	Access to prenatal care from a physicians point of view	1:35
39	Access to prenatal care from a communities point of view	1:38
40	Access to prenatal care from a patients point of view	1:38
41	Access to prenatal care from a legislators point of view	1:40
42	Access to prenatal care from a case managers view	1:47
43	The MIAMI project as an answer to prenatal care	1:30
44	The MIAMI project in action	1:36
45	The MIAMI project in a urban community	1:21
46	The MIAMI project in a rural community	1:45
47	Other issues facing pregnant women	1:21
48	Other issues - male involvement in the pregnancy	1:51
49	Issues being addressed by health insurance providers	1:31
50	role of state and federal programs in addressing issues	1:44
51	Role of health care community in addressing issues	1:41
52	Where is Montana heading in dealing with care issues	1:50

### THIRD TWENTY SIX NEWS SEGMENTS

SEGMENT	NAME	TIME
53	Risk Factors, An Overview	1:36
54	At Risk populations	1:35
55	Behavioral and Environmental Risks	1:33
56	Smoking As A Risk	1:35
57	Secondary Smoke As A Risk	1:23
58	Alcohol As A Risk	1:36
59	Street Drugs As A Risk	1:41
60	Legal Drugs As A Risk	1:30
61	Geographic Risks As A Group - Overview	1:33
62	Low Socio-economic, Disenfranchised Women As A Risk	1:44
63	Age As A Risk - Under 17	1:41
64	Age As A Risk - Over 35	1:31
65	Race As A Risk - Native American	1:25
66	Medical Risks Predating Pregnancy, Overview	1:32
67	Chronic Diseases As A Risk	1:36
68	Known Genetic Diseases As A Risk	1:31
69	Weight As A Risk	1:37
70	Prior Pregnancy History As A Risk	1:30
71	Medical Risks During Pregnancy	1:20
72	Twins Or Multiple Births	1:35
73	Pre-term Labor As A Risk	1:45
74	Screening For Abnormalities	1:29
75	Other Pregnancy Problems	1:33
76	Health Care Risks - Overview	1:31
77	Lack Of Prenatal Care As A Risk	1:48
78	Inadequate Prenatal Care As A Risk	1:25

## FOURTH TWENTY SIX NEWS SEGMENTS

Segment	Name	Time
79	Having a healthy pregnancy	1:15
80	Pre-pregnancy planning	1:32
81	Discovering you're pregnant	1:33
82	Planning for your prenatal care	1:46
83	First visit to your health care provider	1:46
84	What to expect during pregnancy	1:51
85	Substances to avoid	1:40
86	Normal tests during pregnancy	1:36
87	Dental care during pregnancy	1:32
88	Good nutrition during pregnancy	1:35
89	WIC as a resource	1:36
90	Exercise During Pregnancy	1:38
91	Planning your delivery options	1:45
92	Preparing your family	1:29
93	Preparing other children	1:48
94	Child birth preparation education classes	1:31
95	Parenting classes and adoption	1:44
96	The final days before delivery	1:47
97	Birthing Rooms - A new old way	1:41
98	Delivery - A family experience	1:30
99	A healthy baby - An overview	1:41
100	Taking baby home	1:28
101	What to expect after delivery	1:29
102	Breast feeding	1:52
103	Immunization	1:45
104	BABY YOUR BABY MOMS - to be shipped	

### List Of Television Documentaries

#### **Documentary Number 1**

Coming To Terms

An Overview of issues facing pregnant women in Montana

#### **Documentary Number 2**

Issues Affecting Prenatal Care

Social, political and access issues facing pregnant women in Montana

#### **Documentary Number 3**

Women At Risk

Risk factors affecting pregnancy

### **Documentary Number 4**

More Than A Miracle

Having a healthy pregnancy





# List Of Radio Segments



#### RADIO SEGMENT LIST

- ☆ Introduction
- ☆ Infant Mortality In Montana
- ★ Low Birth Weight Babies
- ★ Cost Of Low Birth Weight Babies

- ★ Medical Liability Insurance
- ★ What Montana Is Doing To Address Prenatal Care Issues
- Prenatal Care From Providers Point Of View
- ☆ Prenatal Care From Hospital Administrators Point Of View
- ☆ Prenatal Care From Social Workers Point Of View
- ★ Prenatal Care From A Legislators Point Of View
- Prenatal Care From The Executive Branch
- Point Of View

  ★ Access To Care An Issue Facing Montana
- ☆ Access To Care Physicians Point Of View
- ★ Access To Care Issue Community Point Of View
- ★ Access To Care Issue Patient's Point Of View
- ★ Access To Care Issue Legislator's Point Of View
- ☆ Access To Care Issue Case Manger's Point Of View
- ★ MIAMI Project As An Answer

- ★ MIAMI Project In Action Rural
- ☆ Other Issues Facing Women
- ★ Role of Health Insurance Providers

- ★ Role of State And Federal Programs
- Role Of The Health Care Community
- ★ Where Is Montana Heading
- ☆ At Risk Interview
- ★ At Risk Teens General
- At Risk Teen Fathers
- At Risk Teen Mother
- ☆ At Risk Teen Parents
- ★ At Risk Native American 1
- ★ At Risk Native American 2
- ★ Rural Health Care
- ☆ Importance of Early Care
- ★ MÎAMI PROJECT
- ☆ Accessing Care In Montana
- ★ The Nurse Mid-Wife
- ★ Importance of Early Prenatal Care
- ★ Early Care Physician's Point Of View
- ★ Early Care Mothers Point of View
- ★ High Risk Patient
- ☆ Case Management
- ☆ Community Point of View
- ★ Medicaid Coverage
- ☆ Infant Mortality In Montana
- ★ Infant Mortality II



# Community Contact List



Community Contact List

### **BABY YOUR BABY CONTACTS**

### AND HOSPITAL EMERGENCY NUMBERS

COUNTY	CONTACT	ADDRESS	PHONE
Beaverhead	Sue Hanson, RN	Beaverhead Co. H. D. P. O. Box 870 1260 S. Atlantic Dillon, MT 59725	683-4771
	Barret Memorial Hos		683-2324
Big Horn	Patti Pattison,PHN	809 Custer Ave. Hardin, MT 59034	665-1005
	Big Horn Memorial I	,	665-2310
Blaine	Mary Peyette,RN	Blaine Co. H.D. P. O. Box 1017 Chinook, MT 59523	357-2345
Broadwater	Pat Nelson, RN	Broadwater Co. H.D. 136 N. Cedar P. O. Box 48 Townsend, MT 59644	266-5209
Butte-	Valerie Pengelly	Family Services Cntr.	723-6507
Silverbow		25 West Front St. Butte, MT 59701	
	St. James Community	Hospital E.R.	
Carbon	Donna Bratsky	Carbon Co. Health Assn P. O. Box 197 Joliet, MT 59041	662-3455
Carter	Lila Sullivan,RN	Powder River Co. H.D. Broadus, MT 59317	436-2297 or
	Alice Kay	Schweigert Fallon Co. H.D. Baker, MT 59313	778-2882

COUNTY	CONTACT	ADDRESS	PHONE
Cascade	Laurie Glover/ Bonee Erickson	City-Co. H.D. Better Beginnings 1130 17th Avenue So. Great Falls, MT 59405	761-1190
	Columbus Hospital E. Deaconess Hospital E	R.	727-3330 761-1200
Choteau	Bonnie Lewis,RN	Choteau Co. H. D. 1020 13th St. P. O. Box 459 Fort Benton, MT 59422	622-3771
Custer	Karen Elliott,RN/ DeAnn Witcher	Custer Co. H.D. Custer Co. Courthouse Miles City, MT 59301	232-7800
	Holy Rosary Hospital		232-2540
Daniels	Mary Nyhus, RN	Daniels Memorial Hosp. P. O. Box 400 Scobey, MT 59263	487-2296
Dawson	Camile Spitzer, RN	Dawson Co. H. D. 207 W. Bell Glendive, MT 59330	365-5215
Deer Lodge	Linda Best, RN	Anaconda-Deer Lodge County H.D. 115 W. Commercial P. O. Box 970 Anaconda, MT 59711	563-7863
Fallon	Alice Kay Schweigert	Fallon Co. H. D. 10 W. Fallon P. O. Box 478	778-2883
Fergus	Darla Jones,RN	Baker, MT 59313 Central Montana Medical Center P.O. Box 580 Lewistown, MT 59457	538-
Flathead	Boni Stout,RN	Flathead City/Co. H.D. 723 5th Ave. E. Kalispell, MT 59901	756-5633
	Kalispell Regional Ho		752-5111

COUNTY	CONTACT	ADDRESS	PHONE
Gallatin (SEE MADISO) CO. ALSO)	Terry Gallik,RN N	Gallatin Co. H.D. Courthouse, Room 103 Bozeman, MT 59715	585-1445
Garfield	Jana Olson, RN	Garfield County Health Center P. O. Box 389 Jordon, MT 59337	557-2500
Golden Valley	(No contact)	Elizabeth Seton Clinic Billings, MT	657-7600 256-6806
		WIC Program-Billings	230-0800
Glacier	Jeri England,PHN	Blackfoot Community Hospital Browning, MT 59417	338-6191
	Ann Shores	Glacier Co. H. D. 706 2nd St. S.E. Cut Bank, MT 59427	873-2924
Granite	Harriet Mentzer	Granite County H. D. P. O. Box 144 Drummond, MT 59832	288-3627
Hill	Connie LaSalle,RN	Hill Co. H. D. Hill Co. Courthouse 300 4th Avenue Havre, MT 59501	265-5481
Jefferson	Karen Kunz, RN	Parties of Co. H. D. P. O. Box 41 Boulder, MT 59632	225-4231
Judith Basin	Rosemary Youderian	Judith Basin Interlocal Cooperative Stanford School P. O. Box 506 Stanford, MT 59479	566-2265
Lake	Linda Davis,RN	Lake Co. H. D. 803 Main, Suite A Polson, MT 59860	883-6211
Lewis & Clark	Mike Henderson PHN	L&C City-Co. H. D. 1930 9th Avenue Helena, MT 59624	443-2584

COUNTY	CONTACT	ADDRESS	PHONE
Liberty	Diane Brown/ Judy Campeau	Liberty Co. H. D. Chester, MT 59522	759-5181
Lincoln	Karol Spas-Otte	Lincoln Co. H. D. 418 Mineral Ave. Libby, MT 59923	293-7781
Madison	Terry Gallik,RN	Gallatin Co.H.D. Courthouse Rm. 103 Bozeman, MT 59715	585-1445
McCone	Patti Whittkopp/ Sue Good-Brown,RN	McCone Co. H. D. P. O. Box 47 Circle, MT 59215	485-3425
Meagher	Mary Ellen Schnur	Meagher Co. Health Service Box 514 White Sulphur Sprgs.MT 59645	547-3752
Mineral	Susan Hazlett,RN Trish Donovan,RN Robert Konkright,LPN	Mineral Co. H. D. P. O. Box 488 Superior, MT 59872	822-3321
Missoula	Mary Costello,RN	Missoula City-Co.H.D. 301 W. Alder Missoula, MT 59802	523-4750
Musselshell	Leslie Boor, RN	P. O. Box 97 Roundup, MT 59072	323-2121 (H) 323-3400 (Msg.)
Park	Susanne Brown,RN	Park Co. H. D. 414 E. Callender Livingston, MT 59047	222-6120
Phillips	Mary Lou Broadbrooks, RN	Phillips Co. H. D. P. O. Box 309 Malta, MT 59538	654-2521
Pondera	Sue Moss, RN	Pondera Co. H. D. 809 Sunset Blvd. Conrad, MT 59425	278-3247

CONTACT	ADDRESS	PHONE
Randy Sullivan,RN	Powder River Co. H.D. P. O. Box 325 Broadus, MT 59317	436-2297
Julie Hanson	Powell County H. D. 110 Pennsylvania Deer Lodge, MT 59722	846-1330
Karen Hinnaland,RN	Prairie Co. Health Off. 112 Garfield P. O. Box 182 Terry, MT 59349	637-5364
Alla Brooks, RN	Access Links of Ravalli County Marcus Daly MemorialHospital Hamilton, MT 59840	363-2211
Mary Alice Rehbein	Richland County H.D. 221 5th St. S. W. Sidney, MT 59270	482-2207
Penny Klopcich,RN	Rosebud Co. Health Care Center P. O. box 388 Forsyth, MT 59327	356-2156
Julie Rossignol,RN	Roosevelt Co. H. D. 400 2nd Ave. S. Courthouse Wolf Point, MT 59327	653-1590
Barb Saint, RN	Sanders Co. H. D. P. O. Box 519 Courthouse Thompson Falls, MT 59873	827-4395
Adeline Ueland,RN	Sheridan Co. H. D. 100 N. Laurel Ave. Plentywood, MT 59345	765-2310 X-352
Bonnie Chepulis,RN	Home Health Agency 44 W. 4th Ave. N. Columbus, MT 59019	322-4296
	Randy Sullivan,RN  Julie Hanson  Karen Hinnaland,RN  Alla Brooks, RN  Mary Alice Rehbein  Penny Klopcich,RN  Julie Rossignol,RN  Barb Saint, RN  Adeline Ueland,RN	Randy Sullivan,RN Powder River Co. H.D. P. O. Box 325 Broadus, MT 59317  Julie Hanson Powell County H. D. 110 Pennsylvania Deer Lodge, MT 59722  Karen Hinnaland,RN Prairie Co. Health Off. 112 Garfield P. O. Box 182 Terry, MT 59349  Alla Brooks, RN Access Links of Ravalli County Marcus Daly MemorialHospital Hamilton, MT 59840  Mary Alice Rehbein Richland County H.D. 221 5th St. S. W. Sidney, MT 59270  Penny Klopcich,RN Rosebud Co. Health Care Center P. O. box 388 Forsyth, MT 59327  Julie Rossignol,RN Roosevelt Co. H. D. 400 2nd Ave. S. Courthouse Wolf Point, MT 59327  Barb Saint, RN Sanders Co. H. D. P. O. Box 519 Courthouse Thompson Falls, MT 59873  Adeline Ueland,RN Sheridan Co. H. D. 100 N. Laurel Ave. Plentywood, MT 59345  Bonnie Chepulis,RN Home Health Agency 44 W. 4th Ave. N.

COUNTY	CONTACT	ADDRESS	PHONE
Sweetgrass	Sarah Walton,RN	Sweet Grass Community Health P. O. Box 509 Big Timber, MT 59011	932-5449
Teton	Lora Weir, RN	Teton Co. H. D. P. O. Box 335 Choteau, MT 59422	466-2562
Toole	Elaine Fordyce,RN	Toole Co. H.D. Toole Co. Courthouse Shelby MT 59474	434-5395 or 434-5595
Treasurer	Nita Tieszen RN	Treasure Co. P O Box 201 Hysham MT 59038	342-5853
Valley	Vickie Bell, RN	Valley Co. H. D. Courthouse Annex Glasgow, MT 59030	228-8221
Wheatland	Karen Seyferth,RN	Tri-Mountain Community P O Box 287 Harlowton, MT 59036	632-4351
Wibaux	Marian Chrudimsky	Wibaux Co. H. D. P O Box 117 Wibaux, MT 59353	795-2434
Yellowstone	June Luptak, RD	Yellowstone City-Co. Health Dept. P O Box 35033 Billings, MT 59107	256-6821

# **Summary Of Survey Results**





### BABY YOUR BABY PROGRAM SUMMARY OF SURVEY RESULTS - QUESTIONNAIRE #1

(March 12, 1991 - June 30, 1992)

NOTES: A total of 832 individuals had telephoned the 1-800 BABY YOUR BABY referral through June 30, 1992. Seven of the individuals were calling for someone else; therefore, the survey ended after Question 2. Percents presented in this summary may not total to 100 percent due to rounding.

Q-1 Where did you hear about the Baby Your Baby Program? (Note: Do not read answer categories.)

	Number	Percent
1) Radio	1	0.1%*
2) Newspaper	1	0.1%*
3) Posters	11	1.3%
4) Television		
a) News item	89	10.7%
b) 1/2 hour show, or	49	5.9%
<ul> <li>c) Public service announcement</li> </ul>	93	11.2%
d) Don't Know	3	0.4%
5) Brochure	57	6.9%
6) Billboard	13	1.6%
<ol><li>Friend/Relative</li></ol>	92	11.1%
8) Health Care Provider	119	14.3%
9) Local WIC Program	67	8.1%
10) Local Medicaid Office	17	2.0%
11) Welfare Office	20	2.4%
12) Local Health Department	30	3.6%
13) AFDC/Medicaid Check Stuffers	109	13.1%
14) Other: SEE ATTACHED BREAKDOWN	61	7.3%
	n =	= 832

Q-2 Are you calling for yourself or someone else?

		<u>Number</u>	<u>Percent</u>
1)	Self	825	99.2%
2)	Someone Else	7	0.8%
		n = 8	332

Q-3 What month is your baby due?

Data only used for sending follow-up questionnaire.

\*Not started at the time survey results for this report were compiled.

### Q-1 Responses to "Other"

	Number	Percent
MIAMI Project (Access Links, Better		
Beginnings)	12	19.7%
Ask A Nurse	7	11.5%
Birthright	4	6.6%
BYB contact - Deering Clinic	1	1.6%
Care Group Leader/Caring & Sharing Group	6	9.8%
Child Care Food Program	1	1.6%
Child Development Class - school	1	1.6%
Co-worker	1	1.6%
HMHB	1	1.6%
Helena Housing	1	1.6%
High school support group	1	1.6%
Literature at work	1	1.6%
Parent Share	ī	1.6%
Picked up flyer at MCA Day	1	1.6%
Planned Parenthood/Family Planning	4	6.6%
Prog. Dir.	i	1.6%
Teacher in high school	ī	1.6%
Tribal Health Department/Nurse/IHS Hospital	7	11.5%
Lamaze class	3	4.9%
Nurturing center	1	1.6%
Poster in grocery store	ī	1.6%
Prenatal Class at school	ī	1.6%
Young Mothers Program	2	3.3%
Mothers Share	1	1.6%
Policio Marie	1	n = 61
		11 - 01

1

		<u>Number</u>	<u>Percent</u>
1)	Yes (Skip to Q-6)	622	75.4%
	No	203	24.6%
•		n = 82	5

Q-5 Are you planning to have a pregnancy checkup?

L)	Yes			<u>Number</u> 192	Percent 94.6%
	During what mo	onth of	your pregnancy?		
		Number	<u>Percent</u>		
	1st Month	18	9.4%		
	2nd Month	64	33.3%		
	3rd Month	44	22.9%		
	4th Month	23	12.0%		
	5th Month	6	3.1%		
	6th Month	11	5.7%		
	7th Month	3	1.6%		
	8th Month	2	1.0%		
	Don't Know	21	10.9%		
		n:	= 192		
2)	No			11	5.4%
				n :	= 203
	Why not?				
	•			Number	Percent
	Financial Is no insurance doctor; no c not accept r	e; canno redit,	doctor will		

Miscellaneous: Wants to find midwife, no doctors; baby now 4 months old, had post pregnancy checkup. 3 27.3% n=11

72.7%

8

\*\*\* SKIP TO Q-7 \*\*\*

Q-6 During what month of your pregnancy did you make your first pregnancy visit?

"up front" money; depends on

finances.

1) 2) 3) 4) 5) 6) 7)	First Second Third Fourth Fifth Sixth Seventh	Number 130 258 156 45 24 7	Percent 20.9% 41.5% 25.1% 7.2% 3.9% 1.1% 0.2%
7)		1	0.2%
8)	Eighth	1	0.2%
	-	n = 6	522

#### Q-7 Do you need help with: (Circle ALL that apply)

		Number	Percent
1)	Finding a doctor to provide		
•	you with pregnancy care	131	13.1%
2)	Paying for pregnancy visits to		
	the doctor and delivery of the baby	235	23.5%
3)	Transportation for pregnancy visits	46	4.6%
4)	Child care during pregnancy visits	46	4.6%
5)	Selecting healthy foods during		
	your pregnancy	192	19.2%
6)	Paying for healthy foods	178	17.8%
7)	Drug or alcohol problems	10	1.0%
8)	To stop smoking	114	11.4%
9)	Do you need any other assistance?	49	4.9%
•	•	n =	1.001*

#### SEE ATTACHED BREAKDOWN

10) No assistance needed (Skip to Q-10) 392 (Note: 47.5% of 825 women did not need assistance)

\*NOTE: Respondents may have provided more than one answer to this question, resulting in 1,001 total responses rather than 433 (i.e., the number of respondents needing assistance with their pregnancy). The percents presented are based on the total of 1,001, rather than on the 433 women needing assistance.

Q-8 In order for us to get you some help, may we have the referral agency contact you by telephone?

		<u>Number</u>	<u>Percent</u>
1)	Yes	320	73.9%
2)	No	50	11.5%
3)	I do not have a telephone	63	14.5%
			122

Is there a telephone number where they could call and leave a message for you?

		Number	Percent
a)	Yes	50	79.4%
b)	No	13	20.6%
		n =	63

## Q-7 Responses to "Other"

	Number	Percent
Help with baby day care	2	4.1%
Baby crib/maternity clothes/baby car seat/		
baby clothes/baby food	13	26.5%
Housing	13	26.5%
Referral to a midwife	1	2.0%
Support group & info on mubtiple Births	2	4.1%
Receiving assistance, but might lose Medicaid	1	2.0%
Stress reduction	1	2.0%
Lamaze class	3	6.1%
Counseling	4	8.2%
Information on child care, immunizations,		
and Medicaid	1	2.0%
Baby screams all night & was tested for	_	
spinal meningitis	1	2.0%
Husband needs job	1	2.0%
Prenatal care	1	2.0%
Need help with alcohol dependency after deliver	v 1	2.0%
Rent & part-time child care after delivery	1 ī	2.0%
Info on adoption services	1	2.0%
Finding another doctor - dissatisfied with her	-	2.00
present doctor	1	2.0%
Living at home until April - will need help	-	2.00
after April	1	2.0%
us our square	1	n = 49
		11 - 45

County	Number	Percent
Beaverhead	3	0.4%
Big Horn	9	1.1%
Blaine	13	1.6%
Broadwater	5	0.6%
Carbon	2	0.2%
Cascade	122	14.8%
Chouteau	1	0.1%
Ouster	11	1.3%
Daniels	1	0.1%
Dawson	12	1.5%
Deer Lodge	7	0.8%
Fergus	6	0.7%
Flathead	79	9.6%
Gallatin	70	8.5%
Glacier	11	1.3%
Golden Valley	3	0.4%
Granite	3	0.4%
Hill	10	1.2%
Jefferson	1	0.1%
Judith Basin	ī	0.1%
Lake	47	5.7%
Lewis & Clark	41	5.0%
Liberty	1	0.1%
Lincoln	12	1.5%
Madison	5	0.6%
Meagher	3	0.4%
Missoula	44	5.3%
Musselshell	i	0.1%
Park	20	2.4%
Phillips	1	0.1%
Pondera	7	0.8%
Powell	4	0.5%
Prairie	2	0.2%
Ravalli	24	2.9%
Richland	6	0.7%
Roosevelt	4	0.5%
Rosebud	11	1.3%
Sanders	11	1.3%
Silver Bow	18	2.2%
Stillwater	4	0.5%
Sweet Grass	i	0.1%
Teton	4	0.5%
Toole	10	1.2%
Treasure	1	0.1%
Valley	3	0.1%
Wibaux	2	0.2%
Yellowstone	168	20.4%
		= 825
	11 .	- 025

Q-10 What is your current age?

<u>Age</u>	Number	Percent
15 Years	11	1.3%
16 Years	21	2.5%
17 Years	42	5.1%
18 Years	59	7.2%
19 Years	71	8.6%
20 Years	77	9.3%
21 Years	, 58	7.0%
22 Years	67	8.1%
23 Years	41	5.0%
24 Years	49	5.9%
25 Years	42	5.1%
26 Years	37	4.5%
27 Years	36	4.4%
28 Years	37	4.5%
29 Years	29	3.5%
30 Years	26	3.2%
31 Years	28	3.4%
32 Years	17	2.1%
33 Years	14	1.7%
34 Years	13	1.6%
35 Years	15	1.8%
36 Years	8	1.0%
37 Years	12	1.5%
38 Years	8	1.0%
39 Years	2	0.2%
40 Years	3	0.4%
41 Years	3 1	0.1%
42 Years	1	0.1%
	n =	825

Q-11 So that I can send you the 15-month baby calendar, could you please tell me your first and last name?

First Name	Last Name

#### CONFIDENTIAL INFORMATION

CONFIDENTIAL INFORMATION



## BABY YOUR BABY PROGRAM SUMMARY OF SURVEY RESULTS - QUESTIONNAIRE #2

(June 12, 1991 - June 30, 1992)

NOTES: A total of 323 individuals returned the BABY YOUR BABY follow-up mail survey through June 30, 1992. Percents presented in this summary may not total to 100 percent due to rounding.

#### Q-1 Where was your baby delivered?

		<u>Number</u>	Percent
1)	Hospital	312	96.6%
2)	Ambulance/Other Emergency Vehicle	1	0.3%
3)	Hame	8	2.5%
4)	Other (Car, Clinic)	2	0.6%
Ť		n =	323

#### Q-2 How many miles did you travel to reach the place where your baby was delivered?

		Number	Percent
1)	Less than 5 Miles	169	52.3%
2)	5 to 15 Miles	68	21.1%
3)	15 to 25 Miles	28	8.7%
4)	25 to 50 Miles	24	7.4%
5)	50 to 100 Miles	25	7.7%
6)	100 or More Miles	6	1.9%
7)	Don't Know	1	0.3%
8)	No Response	2	0.6%
			n = 323

### Q-3 Who delivered your baby?

		Number	Percent
1)	Private Physician	80	24.8%
2)	Private OB/GYN Physician	195	60.4%
3)	Indian Health Service Physician	4	1.2%
4)	Family Nurse Practitioner/Nurse Midwife	26	8.0%
5)	Lay Midwife	9	2.8%
6)	Other (Mother/Grandmother; Different OB;		
	Nurse; Nurse Midwife; OB GYN/Family		
	Practice assisted; OB GYN and Nurse		
	Midwife)	7	2.2%
7)	No Response	2	0.6%
			n = 323

## Q-4 Was your baby premature ("preemie")?

		<u>Number</u>	<u>Percent</u>
1)	Yes	29	9.0%
2)	No	286	88.5%
3)	Don't Know	5	1.5%
4)	No Response	3	0.9%
•	•		n - 222

Q-5 In what month of your pregnancy do you or your doctor think your baby was born?

		<u>Number</u>	Percent
1)	Fourth	3	0.9%
2)	Fifth	0	0.0%
3)	Sixth	0	0.0%
4)	Seventh	7	2.2%
5)	Eighth	20	6.2%
6)	Ninth	225	69.7%
7)	Tenth	61	18.9%
8)	Don't Know	5	1.5%
9)	No Response	2	0.6%
,	•	n =	323

Q-6 How many babies did you deliver?

		<u>Number</u>	<u>Percent</u>
1)	One	318	98.5%
2)	Two (Twins)	3	0.98
	More than Two	2	0.6%
-,		n = 1	323

Q-7 How much did your baby weigh at the time of birth? (Note: If you delivered more than one baby, please show the weights of all your babies.)

	Number	Percent
1st Baby 5 lbs. 8 cz. cr less 5 lbs. 9 cz. cr more	16 307	5.0% 95.0% = 323
2nd Baby 5 lbs. 8 cz. or less 5 lbs. 9 cz. or more	2 3	40.0% 60.0% n = 5
3rd Baby 5 lbs. 8 cz. or less 5 lbs. 9 cz. or more	1 1	50.0% 50.0% n = 2

Q-8 Did your baby have any complications?

		Number	<u>Percent</u>
1)	No	257	79.6%
2)	Yes - SEE ATTACHED BREAKDOWN	64	19.8%
3)	Don't know	2	0.6%
		n =	= 323

Q-9 Are you breast feeding your baby?

		Number	<u>Percent</u>
1)	Yes	191	59.1%
2)	No	132	40.9%
		r	n = 323

## Q-8 Responses to description of complications

	Freq	Percent	Cum.
4TH DEGREE TEAR	+   1	1.6%	1.6%
	1	1.6%	
AIR POCKET NEXT TO LUNGS BUT DISAPPEARED	i 1	1.6%	
APGAR 8 & 9	j 1	1.6%	6.3%
BABY TURNED WRONG SO HAD C SECTION	1	1.6%	7.8%
BABY WAS DISTRESSED	1	1.6%	9.4%
BABY WASN'T BREATHING RIGHT. WAS IN HOSPITAL 1 WEEK	i 1	1.6%	10.9%
BLUE, AND TROUBLE KEEPING WARM	1	1.6%	12.5%
BORN FACE UP. AFTER BIRTH HE HAD A NEMOTHORAX	j 1	1.6%	14.1%
BREATHING - NEEDED OXYGEN	j 1	1.6%	15.6%
BREATHING. WAS ON OXYGEN	1	1.6%	17.2%
C SECTION DELIVERY-BABY HAD RESPIRATORY PROBLEMS AT FIRST	1	1.6%	18.8%
C-SECTION	i 1	1.6%	20.3%
CEASERAN.UMBILICAL CORD AROUND NECK 3 X- LABOR COMPLICATIONS	i 1	1.6%	21.9%
CORD AROUND NECK	i 1	1.6%	23.4%
CORD AROUND NECK-2 MECONIUM IN LUNGS-JAUNDICE AT 3 DAYS	l i	1.6%	25.0%
DIDN'T ANSWER	1	1.6%	26.6%
DIDN'T HAVE GOOD SUCKING REFLEX. TROUBLE WITH BODY TEMP.	1 1	1.6%	28.1%
DRY BIRTH	1	1.6%	29.7%
PRACTURED CLAVICAL IN DELIVERY. HAD TO BE REVIVED AFTER BIRTH.	l i	1.6%	31.3%
HAD BOWEL MOVEMENT IN BIRTH CANAL-ASPIRATED SOME	1 1	1.6%	32.8%
HAD BREATHING PROBLEMS.TAKEN TO ST. VINCENTS AFTER BIRTH	1 1	1.6%	34.4%
HAD TROUBLE DELIVERING	1 1	1.6%	35.9%
HAS AN ENLARGED KIDNEY-CORD WAS WRAPPED AROUND NECK	1 1	1.6%	37.5%
HEART - JAUNDICE	1 1	1.6%	39.1%
HEART - NEEDS OPERATION	i i	1.6%	40.6%
HEART BEAT WENT DOWN AND HE WAS DELIVERED WITH FORCEPS.	1 1	1.68	42.28
HEART SLOWED DOWN - NOT FAST ENOUGH CONTRACTIONS	1 1	1.6%	43.8%
ROSPITALIZED FOR JAUNDICE	1	1.6%	45.3%
I WAS WHAT THEY CALLED A COMPLETE PREIRA	i ı	1.6%	46.9%
IN WRONG POSITION	1 1	1.6%	48.4%
INHALED AMNIOTIC FLUID-HAD TO BE CLEARED AND PUT ON OXYGEN	j 1	1.6%	50.0%
JAUNDICE	. 2	3.1%	53.1%
JAUNDICE-INFECTION IN FLOOD-CORD WAS TOO SHORT	i 1	1.6%	54.7%
LABOR INDUCED BECAUSE BABY HAD NO WATER FOR 10 DAYS	i 1	1.6%	56.3%
LARGE HEAD. NEEDED HELP DURING DELIVERY. NO BAD EFFECTS.	j 1	1.6%	57.8%
LOW BIRTH WEIGHT DUE TO TOXEMIA -SEVERE EDEMPSIA	j 1	1.6%	59.4%
LOW SUGAR - JAUNDICE	j 1	1.6%	60.9%
LUNG PROBLEMS - 3.5 WEBKS EARLY	1	1.6%	62.5%
HECONIUM IN AMINOTIC FLUID	1 1	1.6%	64.18
MECONIUM IN WATER. RESUCITATION NECESSARY.11 DAYS PAST DUE	i 1	1.6%	65.6%
MECONIUM STAINED FLUID NOSE AND EYES TREATED WITH ANTIBIOTICS	i 1	1.6%	67.2%
MUCUS PLUG WAS OUT OF NOSTRIL. C-SECTION.OXYGEN FOR 6 DAYS	1		68.8%
HEEDED O2 X 3 DAYS. LOW BLOOD SUGAR 1 WEEK	1 1		70.3%
OXYGEN-FEEDING TUBE AND ROSPITALIZED 1 MONTH	i 1	1.6%	71.9%
PLACENTA WAS OLD SO BABY NOT GETTING ENOUGH OXYGEN	1 2	3.1%	75.0%
POSTERIOR DELIVERY -CORD AROUND NECK	1		76.6%

## Q-8 Responses to description of complications

PREMATURE - HOSPITALIZED FOR 4 WEEKS	-	1	1.6%	78.1%
PREMATURE LABOR - RUPTURED MEMBRANES AT 6 MO.	- 1	1	1.6%	79.7%
PREMATURE LUNGS	İ	1	1.6%	81.3%
RDS-STREP INFECTION-PNEUMONIA	İ	1	1.6%	82.8%
RESPITORY WHEN FIRST BORN-NOW FINE	İ	1	1.6%	84.4%
SHE HAD A HARD TIME BREATHING AT FIRST	İ	1	1.6%	85.9%
SHOULDER DISTORTION. REVIVED AFTER BIRTH.	i	1	1.6%	87.5%
SLIGHT MECONIAM STAIN	İ	1	1.6%	89.1%
STRESS, MECONIUM	i	1	1.6%	90.6%
STRESSED DELIVERY	i	1	1.6%	92.2%
TOOK BREATH BEFORE SHE WAS OUT. WAS DISTRESSED.	i	1	1.6%	93.8%
TRANSVERSE PRESENTATION-FORCEPS-HOMENTARY HEART STOPPAGE	i	1	1.6%	95.3%
WAS IN STRESS	i	1	1.6%	96.9%
WAS POSTERIOR-HEART RATE BELOW 100-DIDN'T DILATE MORE THAN 5	i	1	1.6%	98.4%
YELLOW JAUNDICE	i	1	1.6%	100.0%
	- 1			

Total | 64 100.0%

#### Q-10 Was your pregnancy covered under:

		Number	Percent
1)	Health Insurance Plan	88	27.2%*
2)	Medicaid	206	63.8%*
3)	Indian or Tribal Health Services	3	0.9%
4)	No Health Coverage	23	7.1%
5)	Don't Know	1	0.3%
6)	No Response	2	0.6%
		n =	323

\*NOTE: Same wamen mentioned both Health Insurance Plan and Medicaid.
Response was coded according to what answer they provided first.

#### Q-11 During your pregnancy, did you have any pregnancy checkups?

		Number	Percent
1)	Yes	323	100.0%
2)	No - Skip to Q-15	0	0.0%

#### Q-12 During what month did you have your first pregnancy checkup?

		Number	Percent
1)	First Month	77	23.8%
2)	Second Month	120	37.2%
3)	Third Month	83	25.7%
4)	Fourth Month	23	7.1%
5)	Fifth Month	7	2.2%
6)	Sixth Month	7	2.2%
7)	Seventh Month	3	0.9%
8)	Eighth Month	0	0.0%
9)	Ninth Month	1	0.3%
10)	Don't Know	0	0.0%
11)	No Response	2	0.6%
	-	n	= 323

## Q-13 How many pregnancy checkups did you have during your pregnancy?

	Number	Percent
1) 1 to 4 Checkups	12	3.7%
2) 5 to 8 Checkups	33	10.2%
3) 9 to 11 Checkups	83	25.7%
4) 12 or Morre Checkups	182	56.3%
5) Don't Know	11	3.4%
6) No Response	2	0.6%
	n :	= 323

#### Q-14 Did you start having pregnancy checkups and then stop going before you delivered?

		Number	Percent
1)	Yes	7	2.2%
2)	No	312	96.6%
3)	No Response	4	1.2%
	_	n = 3	323

Why did you stop going before you delivered?

		Number	<u>Percent</u>
1)	Because I moved	2	28.6%
2)	No Medicaid after 1st visit to		
	doctor, then I was homeless	1	14.3%
3)	No response	4	57.1%
	-	n	= 7

#### Q-15 Did you use any tobacco products during your pregnancy?

		Number	Percent
1)	Yes	101	31.3%
2)	No	222	68.7%
		n:	= 323
a. V	hat type of tobacco products did you use?		

#### Q-15 a

		Number	<u>Percent</u>
1)	Cigarettes	96	95.0%
2)	No Response	5	5.0%
	_	n = 1	01

## b. On the average, how much tobacco products did you use per day?

		Number	Percent
1)	1/2 to 3 cigarettes	9	8.9%
2)	1/2 pack to 1 pack of cigarettes	79	78.2%
3)	More than 1 pack of cigarettes	4	4.0%
4)	No Response	9	8.9%
			n = 101

## c. Did you quit using tobacco for a month or more during your pregnancy?

		Number	<u>Percent</u>
1)	Yes	42	41.6%
2)	No	54	53.5%
3)	No Response	5	5.0%
		n =	101

## Q-16 Did you drink alcohol during your pregnancy?

		Number	Percent
1)	Yes	46	14.2%
2)	No	276	85.4%
3)	No Response	1	0.3%
			n - 222

## Q-16 a. Did you drink less than once a week?

		<u>Number</u>	<u>Percent</u>
1)	Yes	43	93.5%
2)	No Response	3	6.5%
•	•	n =	46

b. If no, how many days a week did you drink?

No respondent answered "no" to previous question.

c. When you drank, how many beers, glasses of wine, or cocktails did you usually drink?

		Number	Percent
1)	Iess than 1 alcoholic beverage	6	13.0%
2)	1 alcoholic beverage	24	52.2%
3)	2 alcoholic beverages	8	17.4%
4)	3 alcoholic beverages	7	15.2%
5)	6 alcoholic beverages	1	2.2%
			n = 46

d. Did you stop drinking for a month or more during your pregnancy?

		<u>Number</u>	<u>Percent</u>
1)	Yes	40	87.0%
2)	No	6	13.0%
		n:	= 46

## Q-17 Did you use any street drugs during your pregnancy?

		<u>Number</u>	<u>Percent</u>
1)	Yes	5	1.5%
2)	No	316	97.8%
3)	No Response	2	0.6%
	-	n	1 = 323

a. What types?

		Number 1	Percent
1)	Cocaine and others	1	20.0%
2)	Marijuana	4	80.0%
		n = 5	

b. Did you stop using for a month or more during your pregnancy?

	<u>Number</u>	Percent
1) Yes	5	100.0%
	n = 5	5

## Q-18 During your pregnancy, did you need help with any of the following? (Circle <u>NLL</u> that apply.)

		Number	Percent
1)	Finding a doctor to provide me		
	with pregnancy care	57	13.1%
2)	Paying for pregnancy visits to the		
	doctor or delivery of my baby	104	23.9%
3)	Transportation for pregnancy visits	63	14.4%
4)	Child care during pregnancy visits	36	8.3%
5)	Selecting healthy foods		
•	during my pregnancy	53	12.2%
6)	Paying for healthy foods	88	20.2%
7)	Assistance with a drug		
	or alcohol problem	4	0.98
8)	Assistance with quitting		
	my smoking habit	14	3.2%
9)	Did you need help with anything		
	else during your pregnancy?	17	3.9%
			n = 436*
	SEE ATTACHED ERFAKDOWN		
10)	I did not need any help		
•	during my pregnancy	104	
	(Note: 32.2% of the 323 wamen		
	did not need assistance)		
11)	No Response	4	

#### \*NOTE:

Respondents may have provided more than one answer to this question, resulting in 436 total responses rather than 219 (i.e., the number of respondents needing assistance with their pregnancy). The percents presented are based on the total of 436, rather than on the 219 women needing assistance.

# Q-19 Did you contact any agency referred to you through the BABY YOUR BABY Program?

		Number	Percent
1)	Yes	124	38.4%
2)	No	189	58.5%
3)	Don't Know	5	1.5%
4)	No Response	5	1.5%
	•	n =	323

## a. Why didn't you contact the agency?

		<u>Number</u>	Percent
1)	Did not need to	128	67.7%
2)	Other - SEE ATTACHED BREAKDOWN	40	21.2%
3)	No Response	21	11.1%
		n -	100

## Q-18 Responses to "Other"

	Number	Percent
Breast feeding	1	5.9%
Diabetes information	1	5.9%
Emotional support; Mother's support group	3	17.6%
Understanding what being pregnant meant;		
knowing what to expect and to do with		
my pregnancy	2	11.8%
Company during the day	1	5.9%
Finding a midwife	1	5.9%
Finding a doctor to support my VBAC attempt t	1	5.9%
Needed place to go for domestic abuse problem	1	5.9%
Help getting my birth certificate	1	5.9%
Help with housework	1	5.9%
Finding child care when returning to work	1	5.9%
Running my business while at checkups	1	5.9%
Needed a place to live	1	5.9%
Was bedridden - needed help with everything	1	5.9%
		n = 17

## Q-19 Responses to "Other"

	Number	<u>Percent</u>
Already in programs	8	20.0%
Didn't know about agencies/Baby Your Baby	8	20.0%
No referral; don't remember referral	4	10.0%
Didn't get much information when I called		
information received after baby was born	3	7.5%
Contacted Ialeche; got help from welfare;		
they contacted me; WIC office	4	10.0%
Needed help (couldn't meet guidelines even		
though I was in debt; drinking problem;		
needed child care and transportation;		
wasn't one that I could afford; no telephone)	6	15.0%
Miscellaneous (too far along; had baby in		
California; saw it on bulletin board;		
Laleche not mentioned in information;		
didn't have time; friend referred me;		
home birth is the best)	7	17.5%
•		n = 40

#### Q-20 Do you feel that the agency that you contacted was helpful to you?

		Number	Percent
1)	Yes	117	94.4%
2)	No	6	4.8%
3)	No Response	1	0.8%
		n =	124

#### a. Why didn't you feel the agency was helpful?

		Number	Percent
1)	Didn't give me much information/		
	run around	3	50.0%
2)	Needed help with medical bills,		
	but can't get it; couldn't get		
	food stamps or anything	2	33.3%
3)	No Response	1	16.7%
		n =	6

#### Q-21 Did you find the 15-month BABY YOUR BABY calendar useful?

		Number	Percent
1)	Yes	283	87.6%
2)	No	20	6.2%
3)	Don't know	13	4.0%
4)	No Response	7	2.2%
		n =	323

## Q-22 Did you find the information pamphlets sent to you with the 15-month calendar useful?

		Number	Percent
1)	Yes	236	73.1%
2)	No	24	7.4%
3)	Don't Know	45	13.9%
4)	No Response	18	5.6%
	_	n = 3	23

a. Which pamphlets did you find most useful?

#### SEE ATTACHED BREAKDOWN

### b. Why didn't you find the pamphlets useful?

		Number	Percent
	Already had or knew information	10	41.7%
	Didn't need the information	8	33.3%
3)	Didn't receive information, calendar,		
	or services	6	25.0%
		,	24

## Q-22a Responses to Pamphlets Most Useful

	Number	Percent
All; most of them; all, especially		
breastfeeding; all except drug information;		
all except seatbelt and alcohol use	58	24.6%
Breastfeeding; combination of breastfeeding		
with other pamphlets (WIC/Well child; what to		
do going into labor; caring for baby; returning		
to work; drug use; immunizations; newborn care;		
making decisions/getting ready; baby names)	38	16.1%
Can't remember; don't know; can't decide	6	2,5%
Car seat/seatbelts; combination of car seat with		
other pamphlets (health information;		
WIC; smoking/drinking)	6	2.5%
General baby information and combinations with		
other pamphlets (calendar; Baby Your Baby;		
breastfeeding; growth/development; shots;		
premature birth signs)	16	6.8%
Nutrition/Diet/Health Care; combination with		
other pamphlets (breastfeeding; baby care/		
coupons; breastfeeding/development)	20	8.5%
Immunizations; combinations with other		
pamphlets (breastfeeding; child care		
protective services)	5	2.1%
Smoking; combination with other pamphlets		
(breastfeeding; immunizations)	4	1.7%
Miscellaneous (agencies; child support;		
crying; alcohol; relaxation; services		
available/breastfeeding; Shodair/WIC;		
touch of life/delivery beyond/breastfeeding;		
WIC/car seat/smoking/drinking)	8	3.4%
No Response	75	31.8%
		n = 236

## Q-23 Which one of the following categories best describes your age?

		Number	<u>Percent</u>
1)	Less than 16 Years Old	1	0.3%
2)	16 to 18 Years Old	36	11.1%
3)	19 to 24 Years Old	130	40.2%
4)	25 to 30 Years Old	87	26.98
5)	31 to 35 Years Old	43	13.3%
6)	36 to 40 Years Old	24	7.4%
7)	41 to 45 Years Old	2	0.6%
8)	Morre than 45 Years Old	0	0.0%
			n = 323

#### Q-24 What is the highest grade or year of school you completed?

		Number	Percent
1)	Eighth Grade or Less	5	1.5%
2)	Same High School	66	20.4%
3)	High School Graduate or GED Certificate	109	33.7%
4)	Same Technical School	21	6.5%
5)	Same College	64	19.8%
6)	Technical School Graduate	20	6.2%
7)	College Graduate	30	9.3%
8)	Post Graduate or Professional Degree	8	2.5%
			n = 323

Is there anything that you would like to tell us about your pregnancy or help that you needed during your pregnancy? If so, please use this space for that purpose.

#### SEE ATTACHED COMMENTS

ADDRESS ADVANTAGES OF BREASTFEEDING. ADD INFO ON LA LECHE LEAGUE. ADVISE WOMEN OF IMPORTANCE OF PAP SMEARS.DIDN'T KNOW I HAD CERVICAL CANCER BIRTHRIGHT WAS A VERY HELPFUL AGENCY. PUT HE IN CONTACT WITH OTHER AGENCIES. BREASTFERDING HAS BEEN THE MOST DIFFICULT PART. PREG EASY COMPARED TO AFTER BREASTFEEDING IS VERY DIFFICULT.I FOUND PAMPHLETS AND CONSULTANT AT HOSP CALENDAR WAS WONDERFUL. THANK YOU. CALL YOUR DOCTOR ANY TIME YOU ARE NOT FEELING RIGHT ABOUT THE PREGNANCY. CHILD WAS BORN IN HOSPITAL BUT SHE CAME BEFORE DR. ARRIVED COULD HAVE USED INFORMATION RE PREPARING SIBLING FOR ARRIVAL OF BABY COULD HAVE USED MORE HELP TO STOP SMOKING BUT DIDN'T KNOW WHERE TO GO. DENIED HEALTH COVERAGE BY 2 CO.'S. MED BILLS OVER 12,000 DIDN'T RECEIVE A 15-MO CALENDAR. (RECORDER'S NOTE: NOT SAME NAME AS EAT HEALTHY FOODS AND DON'T DRINK ALCOHOL EXPERIENCED HEAVY BLEEDING AT 9 WEEKS ENDING AT 4TH MONTH. DR. TOOK THIS VER FINDING A DOCTOR WILLING TO BACK UP A RESPONSIBLE MIDWIFE HAD C SECTION. LABOR 3 WEEKS EARLY. ADVISE BECOMING FAMILIAR WITH C-SECTIONS.. HAD NO MORNING SICKNESS, 1+BOUR DELIVERY, PERFECT PREGNANCY HAD PLASTA PREVEA. HAD TUBES TIED AND NOW MAY HAVE A HYSTERECTOMY HAD TO GO TO DICKINSON, ND AS DR IN GLENDIVE WAS ON VACATION. ND BABY! HAD TOXEMIA POISONING-HI BLOOD PRESSURE. SHOULD GET CHECKED REGULARLY. HELPED HAVING INFORMATION NEEDED. DEERING CLINIC & E. SETON WERE GREAT I CAN SEE WHERE BYB IS VERY HELPFUL. I HAD A LOT OF HELP AND INFO FROM MY DR I CHOSE TO HAVE HOME BIRTH WITH MIDWIFF.GREAT EXPERIENCE.WOULD DO AGAIN. I FOUND WIC USEFUL. TALKING TO OTHER WOHEN WAS ENLIGHTENING. I HAD NO WHERE TO GO. MY MOTHER KICKED ME IN THE STOMACH. I SLEPT ON THE PLA I HAD PIH AND HAD MY LABOR INDUCED. IS THERE ANY INFORMATION ON PIH OR WHAT I HAD TOO MUCE AMNIOTIC FLUID DISCOVERED IN 7TH MONTH OF PREG. INFO ON THIS I KNOW NOW I SHOULD HAVE WAITED LONGER AFTER 1ST CHILD. THANKS FOR HELP. I WANT PEOPLE TO START GETTING CARE RIGHT AWAY. PUTTING IT OFF COULD CAUSE A I WAS 3 MO PREG BEFORE I WENT TO SEE A DR. I WAS WORRIED ABOUT FINANCES I WAS DIAGNOSED AS HAVING A BLOOD CLOT RIGHT BY THE PLACENTA. I WORRIED THAT I WAS TREATED WITH UTMOST RESPECT WHEN USING MEDICAID AND FOOD STAMP I WENT INTO PREMATURE LABOR. EXERCISE MAKES DELIVERY A LOT EASIER. REST IS I WENT TO A CNM BUT ENDED UP HAVING A C-SECTION I WOULD LIKE TO SEE HORE ADVERTISING ABOUT THIS GROUP AND BE MORE SPECIFIC A INFO ON BONDING OR HOW EMOTIONAL A PERSON IS WITH ADJUSTMENTS AND OTHER INSURANCE REFUSED TO PAY. CONTACTED HUMAN RIGHTS - STRESS OF HOW TO PAY IT IS VERY IMPORTANT TO ALL PREG WOMEN TO CARE FOR THEMSELVES SO THAT IT WOULD BE NICE IF THERE WAS INFO ABOUT TOXEMIA IN YOUR PACKET KEPT YOUR 800 # ON THE REFRIGERATOR-GOOD FOR SOMEONE IN RURAL AREA KIDS ARE WORTH ALL THE PAIN AND SUFFERING KNOWING SOMEONE CARED WHO I COULD CONTACT IF I NEEDED HELP WAS A RELIEF. MAKE IT A POINT THAT PRENATAL VISITS ARE VERY IMPORTANT MAYBE PRETTY PICTURES ON THE CALENDAR. MED BILLS ARE \$500 A MO BUT WE HAVE REAL ESTATE SO DON'T OUALIFY FOR HELP MEDICAID TOOK FOREVER TO GET.STATE NEEDS TO REDUCE DELAY. DISCOURAGING. HEMBRANES RUPTURED 2 DAYS BEFORE I WAS AWARE OF IT. WENT TO HOSPITAL ON A GUT MORE INFO NEEDED ABOUT TESTING AVAILABLE TO DETERMINE BABY'S HEALTH IN UTERO MORE INFO ON PREMATURE AND PRETERM LABOR AND HOW TO DISTINGUISH FROM REAL MORE INFO ON PRETERN LABOR-DISADVANTAGE OF HEDS TO STOP IT-BED FOR 6 WKS ON MORE INFOR NEEDED ON PREVENTING PREMATURE BIRTH. INFO ON WARNING SIGNS. MORE INFORMATION ABOUT PRE-TERM LABOR AND CARE OF PREEMIES MT NEEDS BETTER SYSTEM FOR WOMEN & FAMILIES IN ABUSIVE HOMES ...... MY DOCTOR SAID I HAD A VERY HEALTHY PREGNANCY AND THE BEST DELIVERY SHE HAD

MY IRON WAS LOW. WOMEN MUST REMEMBER TO TAKE PRENATAL VITAMINS.

NEED MORE DOCTORS IN ANACONDA, ONLY ONE GOOD ONE 28 MILES AWAY NEED MORE INFO ON COMPLICATIONS I.E. PRECLAMPSIA NEED SOME SUPPORT GROUP OTHER THAN AA TO NOT DRINK AND SMOKE NEED SUPPORT GROUPS FOR UNWED 1ST TIME MOTHERS. THEY NEED HELP ON HOW TO NEED TO LET PEOPLE KNOW ABOUT POVERTY LEVEL ON WELFARE AND WIC PROGRAMS NEED TO STRESS PREGNANCY CHECKUPS. I WAS AT RISK AND DIDN'T KNOW IT. HEED TO TELL MORE ABOUT HAVING PREEMIE BABIES. IT'S REAL SCARY MERDED HELP PAYING BILLS AND GETTING FOOD FOR THE BABY. NEEDED HELP PAYING FOR 2-3 MONTHS ON INFUSION PUMP TO DELAY LABOR. I WENT IN PREGNANT WOMEN SHOULD HAVE NEEDED TESTS AND BE INFORMED BY PHYSICIAN PREMATURE PROBLEMS. HAVE A 2 YR OLD AND NEEDED HELP DURING COMPLETE BEDREST PROGRAM WAS VERY EDUCATIONAL. THANK YOU! PROVIDE ALTERNATIVES TO HOSPITAL BIRTHS REALLY APPRECIATED THE HELP & SUPPORT OF 2 WORKERS WHO CAME TO SEE ME. SINGLE MOTHERS HEED SOMEONE TO TALK TO ABOUT PROBLEMS IN THE RELATIONSHIP SOMEONE TO TALK TO OR LISTEN WHEN YOU HAVE A PROBLEM OR JUST FEELING BLUE STILL IN SCHOOL STILL IN SCHOOL -I HAD SOME PROBLEMS WITH TRANSPORTATION STILL HEED HELP IN PAYING FOR OFFICE VISITS AND HOSPITAL. \$1500 FOR DR AND H STRESS REDUCTION TECHNIQUES HELPFUL. I WENT INTO PRE-TERM LABOR 2X'S DURING TELL THEM A BABY IS A MIRACLE AND THEY WILL BE HAPPY. MAKE THEM FEEL GOOD. THANK YOU THANK YOU FOR BEING SO FRIENDLY THE IMPORTANCE OF LEAKING WATER THE INFORMATION PROVIDED IS VERY GOOD AND USEFUL. THANK YOU. THE ONLY TROUBLE I HAD WAS FINANCIAL THE WIC OFFICE WAS VERY HELPFUL DURING MY PREGNANCY THE WIC PROGRAM IS WONDERFUL. THAT IS HOW I LEARNED ABOUT BYB THERE HAS TO BE SOMETHING FOR NAUSEA THAT WORKS. I HAD TO OUIT MY JOB. THERE SHOULD BE SOME ONE TO ONE SUPPORT GROUP WITH QUALIFIED PROPLE THIS IS A GREAT PROGRAM. I APPRECIATED ALL OF THE HELP I WAS GIVEN. THIS IS A WONDERFUL AGENCY-WITH HELPFUL, USEFUL INFO. THANK YOU FOR ALL THE THIS IS A WONDERFUL PROGRAM. YOU NEED TO FIND MORE WAYS TO LET PROPLE THIS WAS MY 5TH C SECTION. IT WENT GREAT. THANK YOU VERY MUCH. WAS GOING TO HAVE BABY AT HOME BUT GLAD HUSBAND OBJECTED. BABY WAS BADLY WATCH BLOOD PRESSURE WATCH SALT INTAKE SO YOU DO NOT DEVELOP TOXEMI OR HYPERTENSION WELFARE SHOULD BE AVAILABLE TO WOMEN WHO CAN'T WORK BECAUSE OF ILLNESS BEFOR WHAT YOU PROVIDED HELPED ME WEHROUGH DAST 14200 OF PREGNANCY WHERE TO GET PREGNANCY HELF FOR SINGLE NON-WED MOTHERS WILL GRADUATE HE SCHOOL IN JUNE . YOU DID A GOOD JOB HELPING ME, THANKS

WOMEN NEED HORE INFO ON CAESARIAN DELIVERIES AND POST PARTUM DEPRESSION WOMEN NEED TO BE INFORMED ABOUT CHILD CARE-FEVER, DIARREHA ETC. WOMEN WHO THINK THEY ARE IN PREMATURE LABOR SHOULD SEE A DR. RIGHT AWAY WOULD LIKE HYDROAROBICS PAID FOR BY MEDICAID WOULD LIKE TO SEE A LOCAL SUPPORT GROUP FOR WOMEN YOU KNOW I LEARNT FROM YOU EVEN IF I THOT I KNEW. THERE ARE THINGS I LEARNT F none

ABOUT WHAT YOU CAN DO FOR US. THANKS
ALTHOUGH WE ONLY RECEIVE \$900 A MONTH TO LIVE ON FROM THE REAL ESTATE
BEAUTIFUL BABY'S LIFE. I THANK GOD FOR A BEAUTIFUL BABY.
FEELING.
CARE FOR THEIR BABIES.

CAUSES IT?

CRILDREN

CONDITION SHOULD BE MADE AVAILABLE TO WOMEN

EVER SEEN.

FAMILY, FRIENDS AND LAMAZE' THANK YOU!

FROM YOU THAT I DIDN'T KNOW. THANK YOU

HAVEN'T RECIEVED HOSPITAL BILL.

HELPFUL.

KNOW ABOUT IT.

LIGHTLY.TERRIFYING TO US.DR'S SHOULD BE MORE UNDERSTANDING AND INFORMATIVE

PAMPHLETS AND CALENDAR

PERSON INTERVIEWED BUT ADDRESS MATCHES)

PLAYGROUND OF THE SCHOOL

POSITIONED. SHE HAD 1 IN 20 CHANCE OF BEING DOWN SYNDROME BUT IS PERFECT.

PREG. HAD TO BE TERMINATED AT 2 MONTHS BUT CARE AND PRAYER HELPED.

PREGNANCY DUE TO STRESS

REINFORCE THAT THEY WILL CHECK ON THIS

SERVICE WHICH I RECEIVED AFTER CONTACTING BYB. THANK YOU VERY MUCH!

THE BABY WILL BE HEALTHY & STRONG WHEN DELIVERED.

THEY ARE 6 MO. PREGNANT.

THEY GAVE LOTS OF INFO AND GENUINELY CARING.

TO LABOR AT 25 WEEKS INTO MY PREGNANCY

TRIBUTALINE

UNTIL I LEARNED ABOUT MEDICAID FROM BABY YOUR BABY.THANKS FOR THE CALENDAR. UNTIL I WENT IN FOR PREGNANCY CHECKUP.WOULD HAVE SPREAD BEFORE I KNEW.

VERY IMPORTANT

WOULD BE HELPFUL

YOU ARE IN. NOT ABUSIVE, JUST NOT GOING WELL

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